

7.1.8: Describe the Institutional efforts/initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and other diversities



7.1.8: Describe the Institutional efforts/initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and other diversities

### Contents

 Supporting documents on the information provided (as reflected in the administrative and academic activities of the Institution)



### Criterion VII – Institutional Values and Best Practices (100)

Key Indicator - 7.1.8 Institutional Values and Social Responsibilities (50)

Supporting documents on the information provided (as reflected in the administrative and academic activities of the Institution)

Sr. No.	Particulars		
1	MU FEST - 2022 - Cultural Event		
2	The Physiotherapy Center -Geo Tagged Photographs		
3	The Physiotherapy Center - Community support activities		
4	Heartfulness Meditation Workshop		
5	5 NSS Activities - 2018-2019		
6	NSS Activities - 2019-2020		



Event	MU Fest 2022			
Organised By	Faculty of Computer Applications, Marwadi University			
Date	1 <sup>st</sup> – 2 <sup>nd</sup> April, 2022			
Welcome speech by	Prof. (Dr.) Sandeep Sancheti			
Brief	MU Fest - the extravagant tradition of Marwadi University took place on 1st and 2nd April, 2022. The fest exhibiting the technical and non-technical skills of the students through 43 different competitions, was on a halt for the last two years due to the pandemic. However, this year, subsequent to better social conditions and reduced government restrictions, MU Fest 2022 was organized by the Faculty of Computer Applications exclusively for the students of Marwadi University. The MU Fest is majorly coordinated by more than 500 student volunteers. Students were involved right from the marketing of the event till the organization of the events.			
	Approximately 4000 students registered in the competitions and more than 6000 students witnessed the competitions. These 43 competitions included technical contests like RoboComp, GoDrone, Technical/ IT Quiz, Streaking, Incredible Explorers and Tech Jumanji along with non-technical contests like Banging Beats, Singing, Agar Art, Mono Act, Squid Games, LAN Gaming and IPL Auction.			
	The competitions along with some fun activities continued for both the days. The students did not hold back to showcase their talents. A total of 361 winners were announced. All the achievers were awarded a trophy, a certificate and cash prizes (total of the cash prizes amounting to approximately ₹ 3,00,000).			
	Provost of the university, Prof. (Dr.) Sandeep Sancheti, appreciated the efforts taken by the Faculty of Computer Applications for the MU Fest 2022. He also provided the glimpses of various technical and non technical events and advised to take them to the next level by converting some of the take-aways for generating research grants or by collaborating with suitable industries.			
	The fest ended on a joyous note on the evening of April 2, 2022 with innumerable smiles and cheers.			
Chief Guests	Shri Arun Mahesh Babu, M.S., IAS; Hon. District Collector, Rajkot, and Guest of Honor - Shri Vikrambhai Sangani, Joint Managing Director / Founder, Ace Software Exports Ltd			
/ote of thanks by Dr. R. Sridaran, Dean – Faculty of Computer Applications				















### **GEO-TAGGED PHOTOGRAPHS**

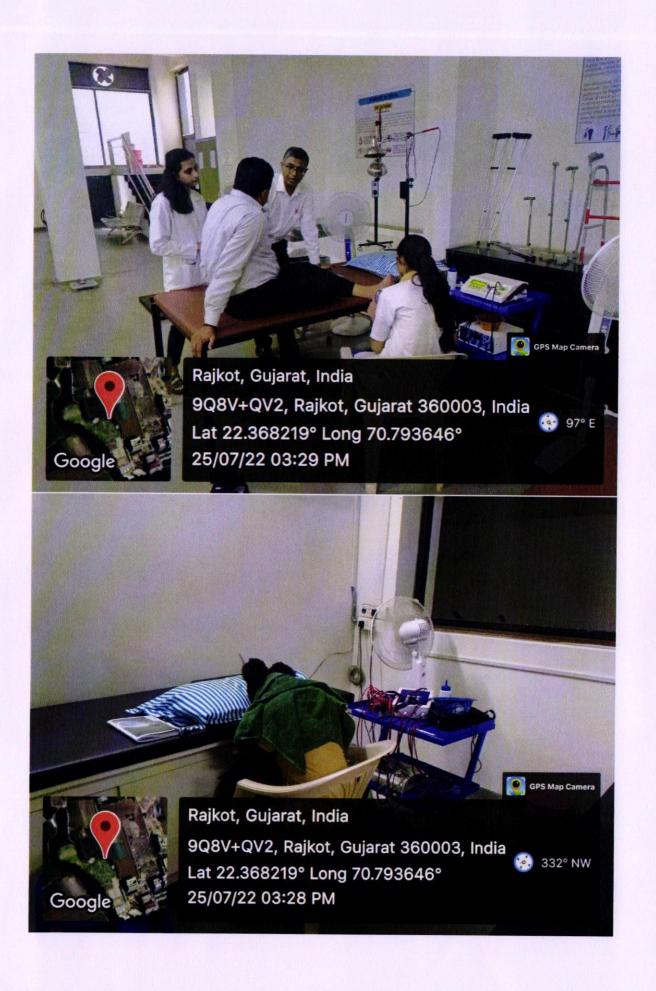


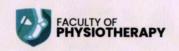














## વિનામૂલ્યે ફિઝીયોથેરાપી કેમ્પ

સ્થળ: માર્કેટિંગ યાર્ડ, બેડી

તારીખ: 27/06/2022, સોમવાર

સમય: 10:00 થી બપોરે 04:00 વાગ્યા સુધી,

નોંધ: કેમ્પમાં આવતી વખતે બધા જુના રિપોર્ટ સાથે રાખવા

### વિનામૂલ્યે ઉપલબ્ધ સારવાર

• કમર, ગરદન, ઘૂંટણ, ખભા, એડીનો દુખાવાની સારવાર

• ક્રેક્ચર તથા સાંધા બદલાવ્યાં તેમજ વિવિધ ઓપરેશન પછીની સારવાર

• હાથ, પગ તથા મોઢાનો લકવા, કંપવા, સેરેબ્રલ પાલ્સી વગેરે સારવાર

• સાયટીકા/ ગાદી ખસવી/ સાંધાના વા/ ઘૂંટણનો વા

• પ્રસુતિ દરમ્યાન અને પછીની કસરતો

• રમત ગમતમાં ઇજા

મોબાઇલ: +91 90999 80151

સમય

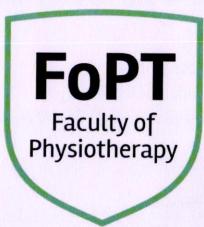
સવારે **09:00** થી બપોરે **01:00** વાગ્યા સુધી, બપોરે **02:00** થી **04:00** વાગ્યા સુધી

કાયમી સરનામું

ફિઝીયોથેરાપી ઓપીડી, મેઇન બિલ્ડિંગ, ગ્રાઉન્ડ ફ્લોર, મારવાડી યુનિવર્સિટી







### PHYSIOTHERAPY CAMP

Physiotherapy camp was organized on 11/05/22 From 9:30 AM to 3:30 PM. It was organized in APMC Market Yard, Rajkot- Morbi Highway.

Total 24 Patients got benefited with this camp. Patients were thoroughly assessed and treated during the camp, for further treatment they were referred to MU Campus OPD.

The main objective of the camp was to spread awareness regarding physiotherapy.

Dr. Zarna Chag (Clinical Therapist), Dr. Rahul Chattlani(Assistant Professor), Dr. Ashna Bhojani(Assistant Professor) and Dr. Payal Adwani(Clinical Therapist) were present during the camp. Total 14 Students From Second and Third Year were also Present during the Camp.

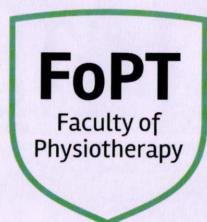
The Camp was held under the guidance of Dr. Ashish Kakkad, Principal, Faculty of Physiotherapy, Marwadi University.











### **BASIC LIFE SUPPORT WORKSHOP**

An event was organized by the Faculty of Physiotherapy, Marwadi University for students of Third Year B.P.T on the topic "Basic Life Support".

Experts were called from Christ Hospital, Rajkot to train the students in BLS.

The team included Mr.Milan Vanjara (Marketing Executive), Mr.Joy Makwan (Quality Manager) and Mr.Thomas Joseph (Quality Manager)

All students actively participated and learned from the experts.

The main objective of the event was to teach the students about BLS as it is a necessary skill for Medical profession.

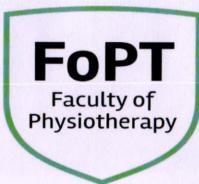
The event was coordinated by Dr.Ashish Kakkad, under the guidance of Dr. Jayesh Parmar, Principal, Faculty of Physiotherapy, Marwadi University.











07/12/2021

### Health check-up camp

Physiotherapy with Pharmacy Camp,
Organized by Faculty of Physiotherapy, Marwadi University at Bedi village on
07/12/2021,

A one day camp organized on the date of 07/12/2021 at Bedi village under the supervision of Dr. Jayesh Parmar, Principal, Faculty of Physiotherapy, Marwadi University and Dr. Lalji Baldania, Principal, Faculty of Pharmacy, Marwadi University, Rajkot

A camp was organized To promote awareness of physiotherapy near Marwadi University campus OPD and To get students familiarized about the health condition, facilities, awareness and attitudes, and also to demonstrate them assessment of physical health problems, their assessment and management at community level, by Faculty of Physiotherapy, Marwadi University.

On the day of camp, 46 patients were consulted. Consultation was done by Dr Ashish Kakkad (PT), Dr Yagnik Dave (PT). Patients are yet to join the center for regular treatment of physiotherapy. 10 Students from Second and Third year BPT participated in this, villagers with their health problems consulted our faculties, while students observed and helped with tasks like measuring blood pressure and weight, by teaching exercise to the patient as guided by therapists Patients were taught and advised specific physiotherapy exercises for their condition.









07/12/2021

### Health check-up camp

Physiotherapy with Pharmacy Camp,
Organized by Faculty of Physiotherapy, Marwadi University at Bedi village on
07/12/2021,

A one day camp organized on the date of 07/12/2021 at Bedi gram panchayat, under the supervision of Dr. Jayesh Parmar, Principal, Faculty of Physiotherapy, Marwadi University and Dr. Lalji Baldania, Principal, Faculty of Pharmacy, Marwadi University, Rajkot

A camp was organized To promote awareness of physiotherapy near Marwadi University campus OPD and To get students familiarized about the health condition, facilities, awareness and attitudes, and also to demonstrate them assessment of physical health problems, their assessment and management at community level, by Faculty of Physiotherapy, Marwadi University.

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### નિઃશુલ્ક હેલ્થ કેમ્પ

### કેમ્પ માં ઉપલબ્ધ સેવાઓ

- ડાયાબિટીસ ની તપાસ,
- હિમોગ્લોબિન ની તપાસ,
- હાથ-પગ-ક્રમર નો દુખાવો,
- ફ્રેક્ચર પછીની કસરત દ્વારા સારવાર

તારીખ: 09/૧૨/૨૦૨૧, મંગળવાર

સમય : સવારે ૧૦ વાગ્યાથી બપોરે ૧ વાગ્યા સુધી સ્થળ: ગ્રામ પંચાયત સંકુલ, બેડી ગામ, રાજકોટ

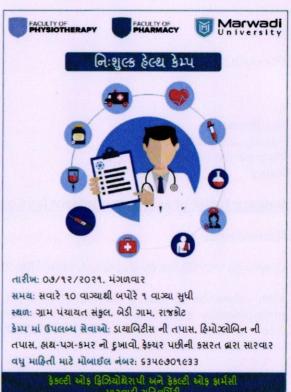
વધુ માહિતી માટે

મોબાઈલ નંબર : **૬૩૫૯૭ ૦૧૯૩૩** 

ફેકલ્ટી ઓફ ફિઝિયોથેરાપી અને ફેકલ્ટી ઓફ ફાર્મસી **મારવાડી યુનિવર્સિટી** 







ફેકલ્ટી ઓફ ફિઝિયોથેરાપી અને ફેકલ્ટી ઓફ ફાર્મસી મારવાડી યુનિવર્સિટી



- Together We Care

6th May 2021

To, The Principal, Faculty of Physiotherapy, Marwadi University, Rajkot.

### Subject: Letter of acknowledgement for Covid duty

Respected Sir,

Greetings from Synergy Superspeciality Hospital a unit of Saurashtra Medicare LLP....!!!

With reference to above mentioned subject, we acknowledge that following students from physiotherapy department - Marwadi University, have joined for full time duty as a 'Covid Sahayak' to our Well Wish Covid Care Center managed by Synergy Superspeciality Hospital (a unit of Saurashtra Medicare LLP), Rajkot.

Students have been joined their duty from 19<sup>th</sup> Apr 21 to 31<sup>st</sup> May 21, which can be extended for further period if required.

List of Students as below:

1.	Chenali Pitroda	(Joined on 19/Apr/21)
2.	Dharmik Gadher	(Joined on 19/ Apr /21)
3.	Vishwa Bengali	(Joined on 19/ Apr /21)
4.	Yashvi Gandhi	(Joined on 19/ Apr /21)
5.	Devangi Chauhan	(Joined on 19/ Apr /21)
6.	Dharmik Prajapti	(Joined on 22/ Apr /21)
7.	Monali Desai	(Joined on 22/ Apr /21)
8	Saraiu Amrutiva	(Joined on 22/ Apr /21)

Thank you for your support to serve to the society in current pandemic situation.

Wishing you a for long term relationship with you for future endeavors.

Yours faithfully

For Synergy Superspeciality Hospital - A Unit of Saurashtra Medicare LLP

Dr. Sursinh Barad Chief Operating Officer

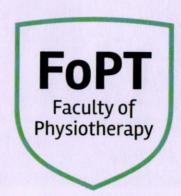


Synergy Superspeciality Hospital - A unit of Saurashtra Medicare LLP

150 Ft. Ring Road, Synergy Circle, Ayodhya Chowk, Opp. Gokul Mathura Apartment
 Rajkot-360 005 (Gujarat). +91 281 619 5000
 www.synergyhospital.co.in

GSTIN: 24ACTFS3332C1Z8 LLPIN: AAD - 2783





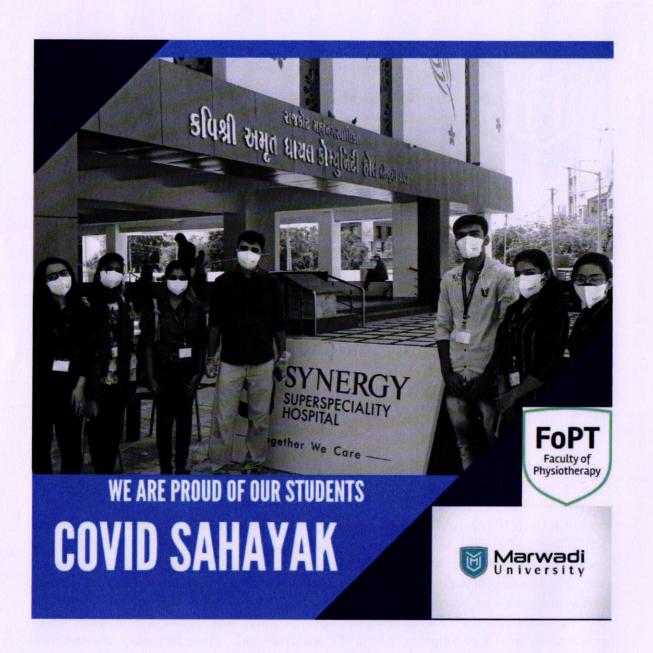
### **COVID SHAYAK DUTY**

The Students of First Year and Second Year from the Faculty of Physiotherapy have voluntarily participated to serve the human kind during the COVID-19 crisis.

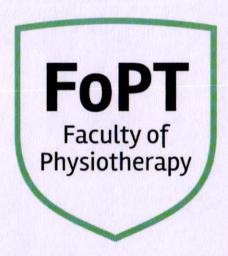
They have been serving in private hospitals like Synergy Multi-speciality hospital and Kundan hospital from 19/04/2021 in various shifts.









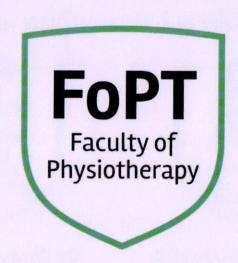


### EVENT REPORT OF ETHICAL COMMITTEE MEETING

Marwadi University ethical committee meeting was held on 16/06/22 in MCS 601 from 2:00 PM to 4:45 PM in which Dr. Kamalsinh Dodiya (Chairperson), Dr. Ashish Kakkad (Member secretary), Dr. Shahenaz Malek (Medical Scientist), Dr.Jayshree Nayak (Social Scientist), Mr. Dharmendrasinh Jadeja(legal Expert), Mr. Prakash Paheriya(Lay Person), Dr. Sarang Pande(Member) were present. Training was given by Dr. Ankur Parekh to ethical committee members regarding their role in research approval. There was review of 8 different ethical proposals by total 8 participants, 7 from Physiotherapy and 1 from Pharmacy, the same was received and reviewed by the expert panel.







### FREE DIABETES AND HYPERTENSION SCREENING CAMP

Free diabetes and hypertension screening camp was organized for people staying in nearby villages/staff of Marwadi University on 08-07-2022 in Physiotherapy OPD. It was jointly organized by Faculty of Physiotherapy, Marwadi University and Salus Hospital, Rajkot. For the same fliers were distributed to people in nearby village by our faculty and students.

The camp was from 11:00 AM-2:00 PM. Total 100 people (Staff: 61, Students: 14, General Public: 25) got themselves tested in these camp. It has been streamed by Ab Tak News. YOUTUBE LINK: https://youtu.be/EVEmWK1di g

FACEBOOK LINK: https://www.facebook.com/abtakmedia/videos/941469417249880/

The main objective of the camp was to spread awareness regarding diabetes and hypertension, through well planned screening and counselling by team of doctors from Salus team.

During the camp Dr. Ashmita Gurnani, Assistant Professor, Faculty of Physiotherapy was present during the camp.

The event was co-ordinated by Dr. Ashna Bhojani, Assistant Professor, Faculty of Physiotherapy under the guidance of Dr. Ashish Kakkad, Principal, Faculty of Physiotherapy, Marwadi University.







### વિનામૂલ્યે બી. પી. અને ડાયાબીટીસ નિદાન કેમ્પ

મારવાડી યુનિવર્સિટી અને સેલસ હોસ્પિટલ ના સંયુક્ત ઉપક્રમે



DR V B KASUNDRA

(MBBS, CCEBDM, ACMDC, GDM, PGCDM (Indore), EBDT (Cardiff Uni, UK) Consultant Diabetologist, Salus Hospital, Rajkot, Shraddha Hospital, Jasdan



**Dr Dhaval Godhani** 

Medical Director, Salus Hospital

સ્થળ મારવાડી યુનિવર્સિટી કેમ્પસ ઓ .પી .ડી

**૦૮/૦૭/૨૦૨૨**, શુક્રવાર

સવારે **૧૧:00** થી બપોરે **૦૨:૦૦** વાગ્યા સુધી

કેમ્પમાં આવતી વખતે બધા જુના રિપોર્ટ સાથે રાખવા

કાયમી સરનામું

ફિઝીયોથેરાપી ઓપીડી, મેઇન બિલ્ડીંગ, ગ્રાઉન્ડ ફ્લોર, મારવાડી યુનિવર્સિટી

સમય

સવારે **૦૯:૦૦** થી બપોરે **૦૧:૦૦** વાગ્યા સુધી, બપોરે **૦૨:૦૦** થી **૦૪:૦૦** વાગ્યા સુધી

મોબાઇલ

७०७७ ८०१५१

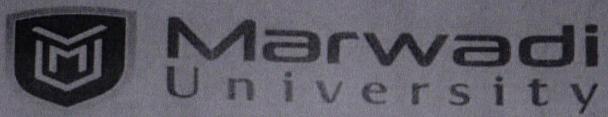


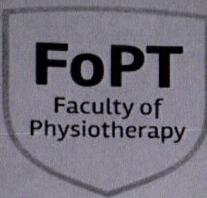












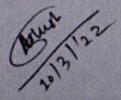
08/03/2022

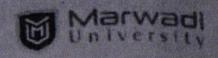
# Free physiotherapy camp Organized by Faculty of Physiotherapy, Marwadi Physiotherapy clinic Jagnath branch -Rajkot on 08/03/2022

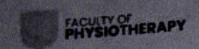
A camp organized on the date of 08/03/2022 Marwadi physiotherapy centre jagnath branch -Rajkot, under the supervision of Dr. Ashish Kakkad, Principal, Faculty of Physiotherapy, Marwadi University.

This camp was organized for women on special day -08/03/2022 international women's day from 9.00am to 11.00am, to promote awareness of physiotherapy in Gynecological condition in Rajkot city.

14patients were provided consultation by Dr. Rujuta Garala (Gynecologist-Eva women's Hospital), Dr. Lajju Garala (women's and pelvic health specialist PT) Dr Hiren Chhatrala (PT), Dr. Anjali Acharya (PT) Faculty of Physiotherapy Marwadi University.







# મહિલાઓ માટે વિનામૂલ્યે ગાયનેક અને ફિઝીયોથેરાપી કેમ્પ

oc/o3/२०२२, मंग्राजपार (International Women's Day)

સમય: સવારે 6:00 થી ૧૧:00 વાગ્યા સુધી સ્થળ: મારવાડી ફિઝીયોથેરાપી સેન્ટર , પ જનતા સોસાયટી જાગનાથ પ્લોટ રાજકોટ

મોબાઇલ: દરાપલ્૭ ૦૧૯૩૩



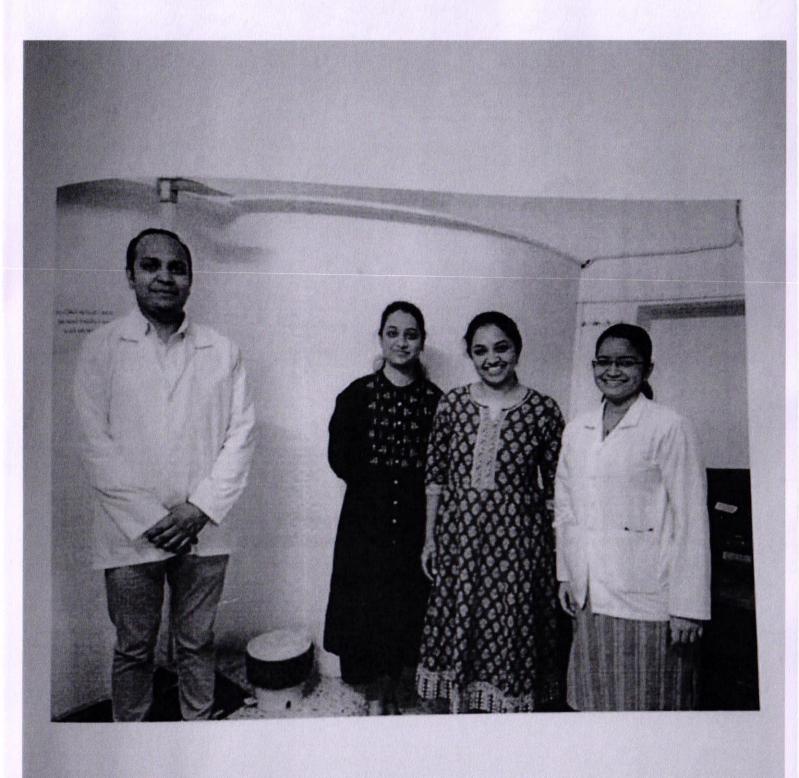
કો. ઋજુતા ગરાળા, ગાયનેકોલોહસ્ટ ઇવા વુમન્સ હોસ્પિટલ

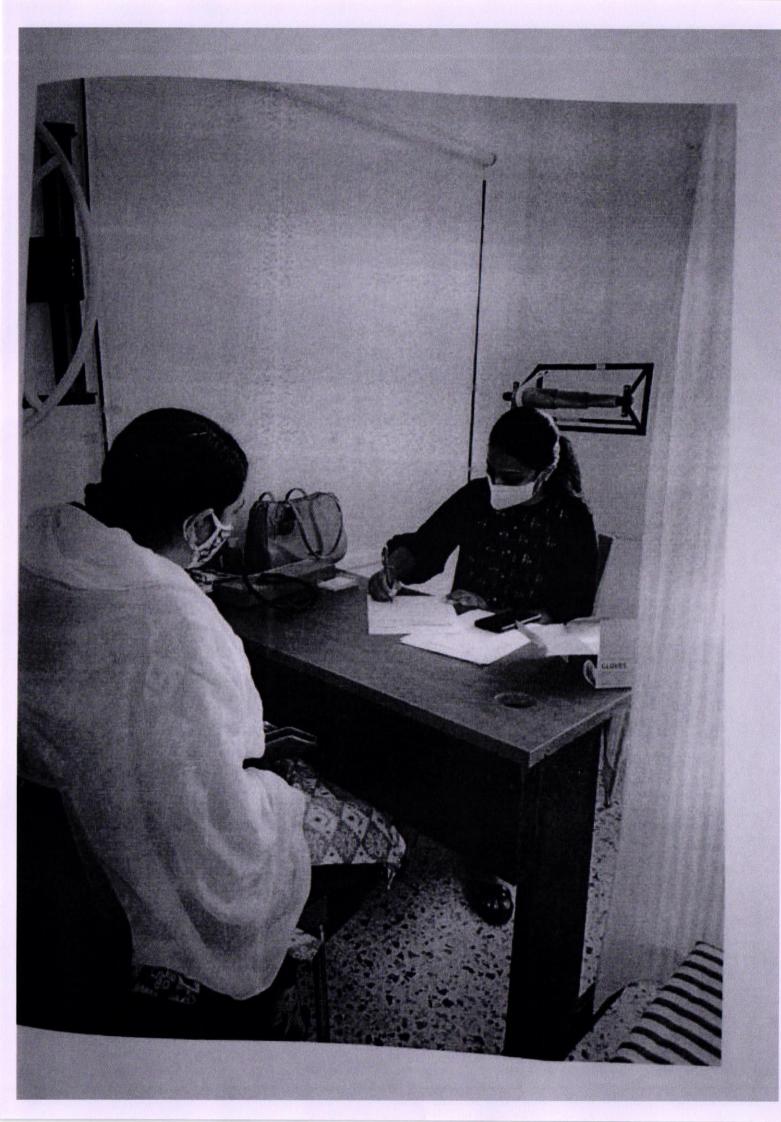


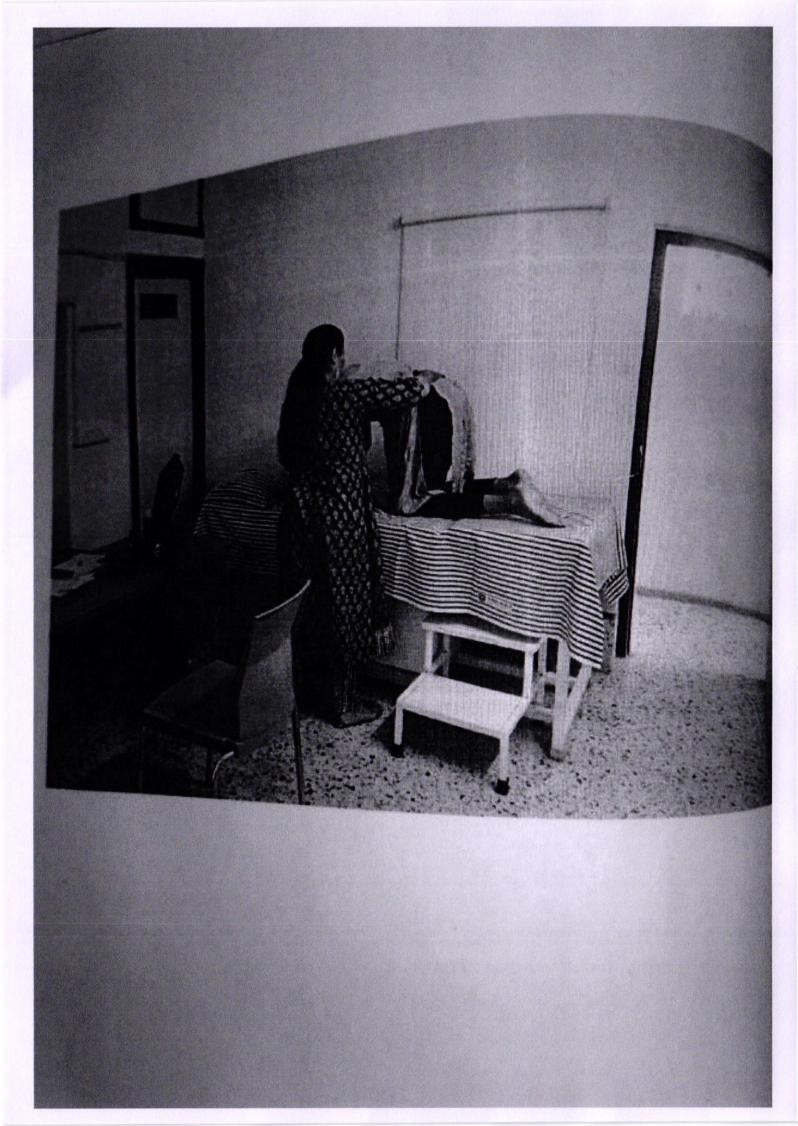
ડો. લજ્જુ ગરાળા, કિઝીયોથેસપિસ્ટ વુમન્સ એન્ડ પેલ્વીક હેલ્થ સ્પેશિયાલિસ્ટ, કિઝીયો બિટ્સ ફિઝિયોથેસપી એન્ડ એક્યુપેંચર ક્લીનીક

जोंध

કેમ્પમાં બતાવતા આવવા માટે રજીસ્ટેશન કરાવવું હિતાવહ છે. કેમ્પમાં આવતી વખતે બધા જુના રિપોર્ટ્સ સાથે રાખવા. સમય મર્યાદાને કારણે પ્રથમ ૫૦ દર્દીઓને તપાસવામાં આવશે.











### Knee Osteoarthritis Camp, Organised by Faculty of Physiotherapy, Marwadi University with Wellness hospital

17/2/2021, Rajkot

On 14<sup>th</sup> February, 2021, a camp was organised for knee osteoarthritis, by Faculty of Physiotherapy, Marwadi University along with Wellness hospital Rajkot. Previous registration was advised from the patients seeking consultation and patients were registered. On the day of camp, 29 patients were consulted out of 33 registrations. Consultation was done by Dr Paresh Vaghasiya, MS Ortho, and also by one of the physiotherapists, including Dr JayeshParmar, Dr Ashish Kakkad, Dr Gaurav Gosai (PT) and Dr Anjali Acharya (PT). Patients are yet to join the center for regular treatment.

11 Students from SY BPT volunteered and helped in camp by teaching exercise to the patient as guided by therapists

Patients were taught and advised specific physiotherapy exercises for their condition and some were referred for further diagnostic procedures like X ray. Few were advised for surgery also by the surgeon.



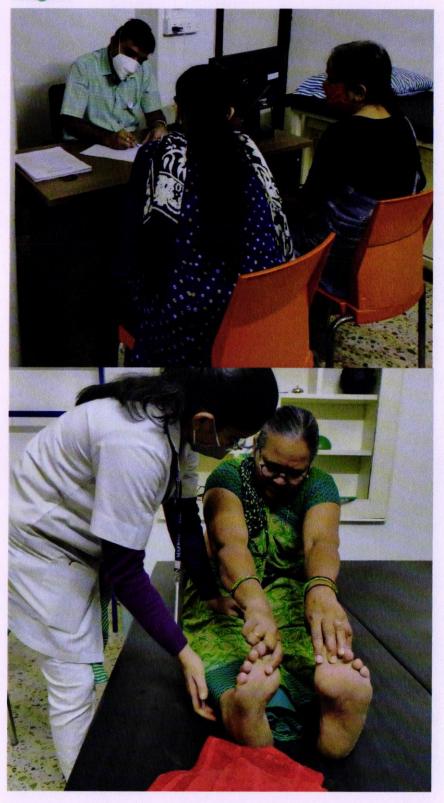










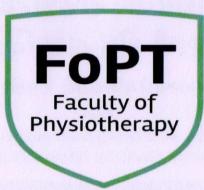












24/12/2021

### Free physiotherapy camp

### Organized by Faculty of Physiotherapy, Marwadi University at Shree Swaminarayan Sanskardham trust - Morbi on 24/12/2021,

A one day camp organized on the date of 24/12/2021 at Shree Swaminarayan sanskardham trust - Morbi, under the supervision of Dr. Jayesh Parmar, Principal, Faculty of Physiotherapy, Marwadi University.

This camp was organized To promote awareness of physiotherapy near Marwadi University campus OPD and Morbi city- To get students familiarized about various the health condition, facilities, awareness and attitudes, and also to demonstrate how to assess patients with Neurological, Orthopedic ,Cardio-Pulmonary and Sports related issues .

120 patients were provided consultation by Dr Rahul Chhatlani (Neuro- PT), Dr Kalyanee Jivrajani (Cardiopulmonary- PT), Dr Shahrukh khan Chauhan(Ortho -PT), Dr.Jayesh Parmar (Cardio-pulmonary PT -Principal) Faculty of Physiotherapy Marwadi University\_. 11 Students from Second and Third year BPT participated in this, Patients with their health problems consulted our faculties, while students observed and helped with tasks like measuring weight, by teaching exercise to the patient as guided by therapists Patients were taught and advised specific physiotherapy exercises for their condition.





### મોરબીમાં સૌપ્રથમવાર રાજકોટથી સ્પેશ્યાલિસ્ટ ફિઝિયોથેરાપી ટીમ દ્વારા નિઃશુલ્ક કેમ્પ

મારવાડી યુનિવર્સિટી, રાજકોટ

અને

ફિઝિયોકૅર, શ્રી સ્વામીનારાયણ સંસ્કારધામ ટ્રસ્ટ, મોરબીના સહયોગથી ફિઝિયોથેરાપી કેમ્પ

તારીખ : ૨૪/૧૨/૨૦૨૧ શુક્રવાર

સમય : સવારે ૧૦:૦૦ થી બપોરે ૧:૦૦

કેમ્પ નું સ્થાન સંસ્કાર ઇમેજિંગ સેન્ટર, શ્રી સ્વામિનારાયણ સંસ્કાર ધામ મંદિર ની પાછળ, જી.આઇ.ડી.સી. મેઇન રોડ, મોરબી

કેમ્પમાં સામેલ નિષ્ણાંત ફિઝિયોથેરાપીસ્ટ

ડો જયેશ પરમાર

પ્રિન્સિપાલ, **ફેકલ્ટી ઓફ ફિઝિયોથેરાપી**, મારવાડી યુનિવર્સિટી, રાજકોટ

ન્યુરો. ફિઝિયોથેરાપીસ્ટ **ડો રાહુલ છતલાણી** 

ઓર્થો. ફિઝિયોથેરાપીસ્ટ **ડો શાહરુખ ચૌહાણ** 

કાર્ડીઓ-પલ્મોનરી ફિઝિયોથેરાપીસ્ટ **ડો કલ્યાણી જીવરાજાની**  સ્પોર્ટ્સ ફિઝિયોથેરાપીસ્ટ **ડો ફલક બુચ** 

#### ડો કેશા અગ્રવાલ

ન્યુરો.ફિઝિયોથેરાપીસ્ટ ફિઝિયોકૅર, શ્રી સ્વામીનારાયણ સંસ્કારધામ ટ્રસ્ટ, મોરબી

#### નીચે મુજબની તકલીફવાળા દર્દીઓ કેમ્પનો લાભ લઇ શકશે.

- કમર, ગરદન, ઢીંચણ, ખભા, એડીનો દુખાવો
- 🏿 ફ્રેકચર તથા સાંધા બદલાવ્યા પછીની સારવાર
- 🏿 હાથ, પગ તથા મોઢાના લકવા ,પેરાલીસીસ, કંપવાનો પ્રોબ્લેમ
- સ્નાયુ તથા મગજ અને ચેતાતંત્રના રોગો , બેલેન્સ પ્રોબ્લેમ
- 🔳 સાયટીકા / ગાદી ખસવી/ સાંધાના વા / ઘૂંટણનો ઘસારો / રમત ગમતમાં ઇજા
- કોરોના પછી ફેફસાની કસરતો, ક્રોનીક ઓબસ્ટ્રક્ટીવ પલ્મોનરી ડિસીઝ (COPD) માટેની કસરતો

રજીસ્ટ્રેશન માટે સંપર્ક : **૬૩૫૯૭ ૦૧૯૩૩** 

મારવાડી યુનિવર્સિટી ,મોરબી રોડ , રાજકોટ 360003

નોંધ : દર્દીએ પોતાના જુના રિપોર્ટ સાથે રાખવા.





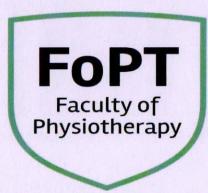












21/01/2022

### Free physiotherapy camp

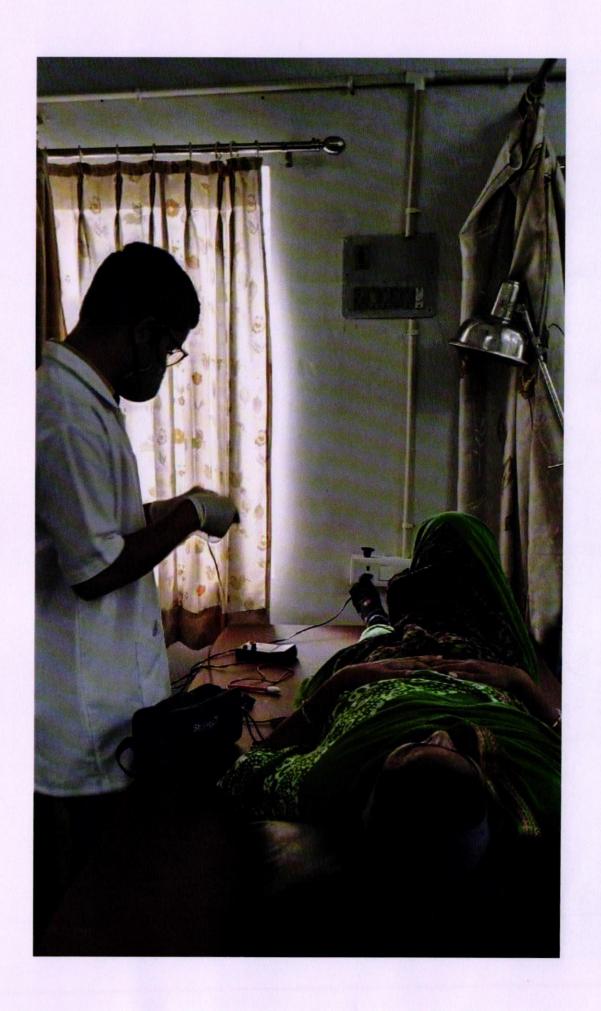
### Organized by Faculty of Physiotherapy, Marwadi University at Shree Panchnath Hospital- Rajkot on 21/01/2022,

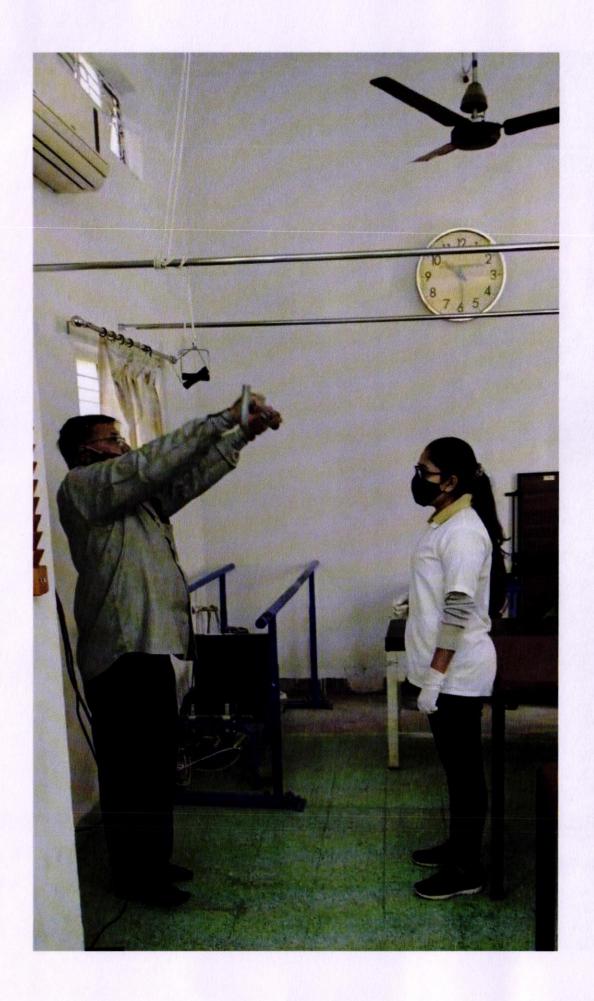
A one day camp organized on the date of 21/01/2022 at Shree Panchnath Hospital -Rajkot, under the supervision of Dr.Ashish Kakkad, Principal, Faculty of Physiotherapy, Marwadi University.

This camp was organized To promote awareness of physiotherapy near Panchnath Hospital and Rajkot city- To get students familiarized about various the health condition, facilities, awareness and attitudes, and also to demonstrate how to asses patients with Neurological, Orthopedic ,Cardio-Pulmonary and Sports related issues .

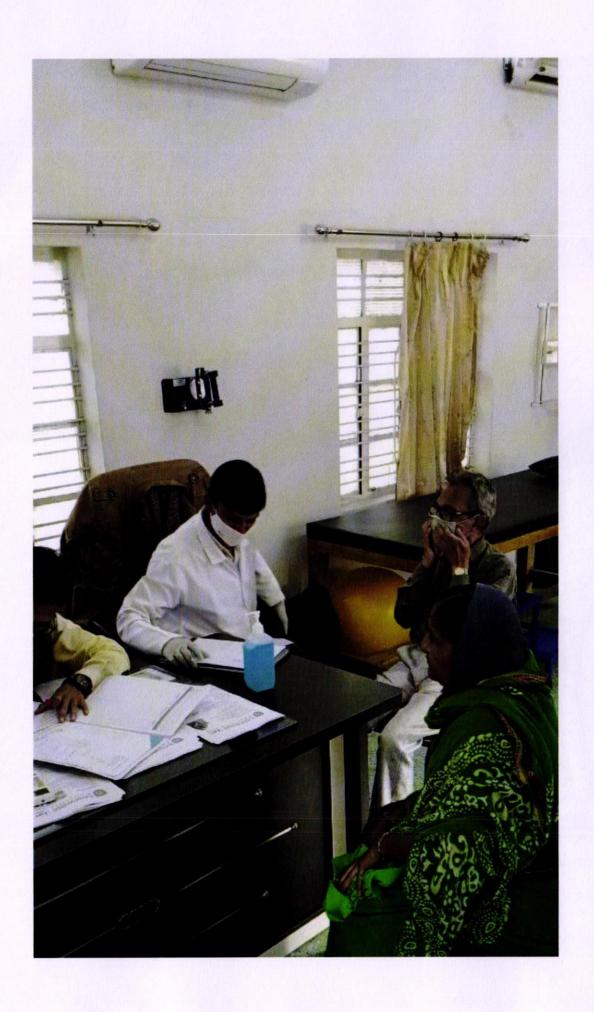
21 patients were provided consultation by Dr Yagnik Dave (Cardio-pulmonary PT), Dr.Bhargav Shukla (PT), Dr.Hiren Chhatrala (PT), Dr.Parpti Baxi (PT) Faculty of Physiotherapy Marwadi University\_. 6 Students from Third year BPT participated in this, Patients with their health problems consulted our faculties, while students observed and helped with tasks like measuring weight, by teaching exercise to the patient as guided by therapists Patients were taught and advised specific physiotherapy exercises for their condition.













#### FREE THALASSEMIA SCREENING CAMP

Free thalassemia testing camp was organized for all the students/staff of Marwadi University on 12-04-2022 in PG building outer seminar hall. It was jointly organized by Faculty of Pharmacy and Faculty of Physiotherapy and testing was carried out by Life Blood Centre, Rajkot.

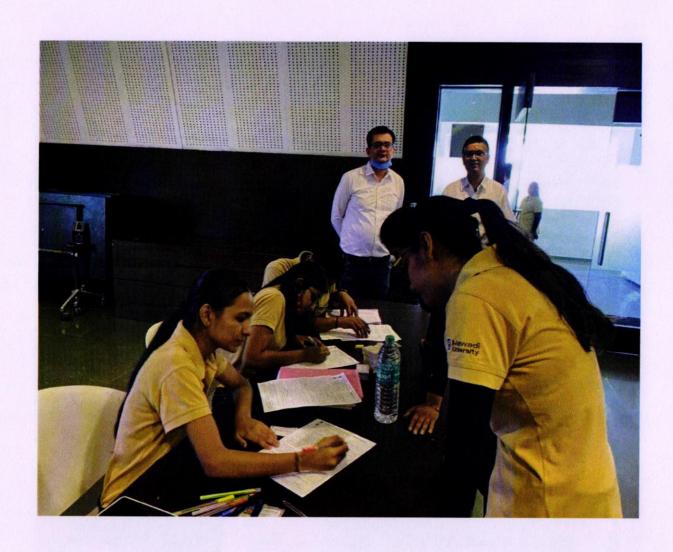
The camp was from 11:00 AM-3:00 PM. Total 394 students/staff got themselves tested in these camp.

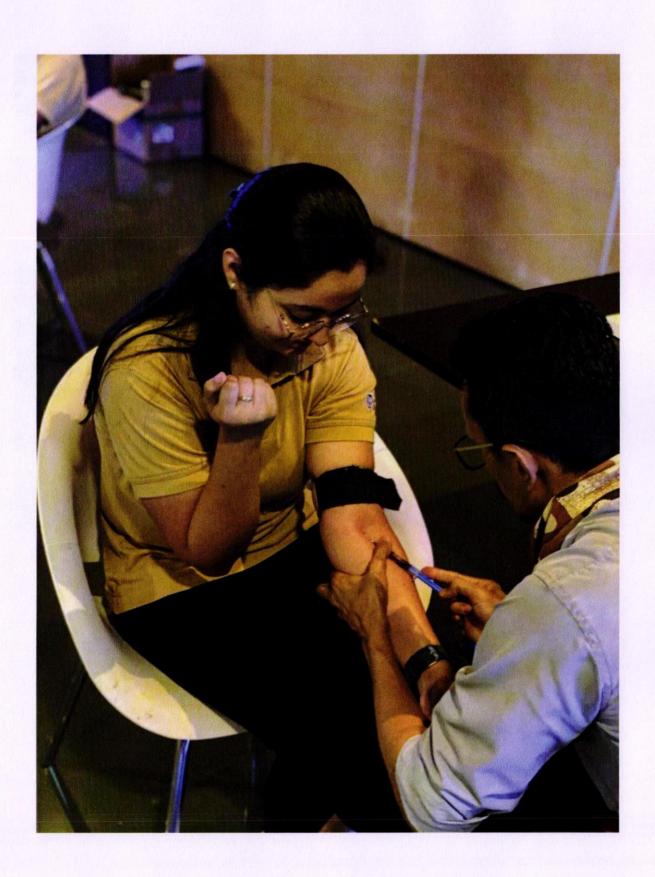
The main objective of the camp was to aid in prevention of birth of children affected with hemoglobinopathies, through well planned screening.

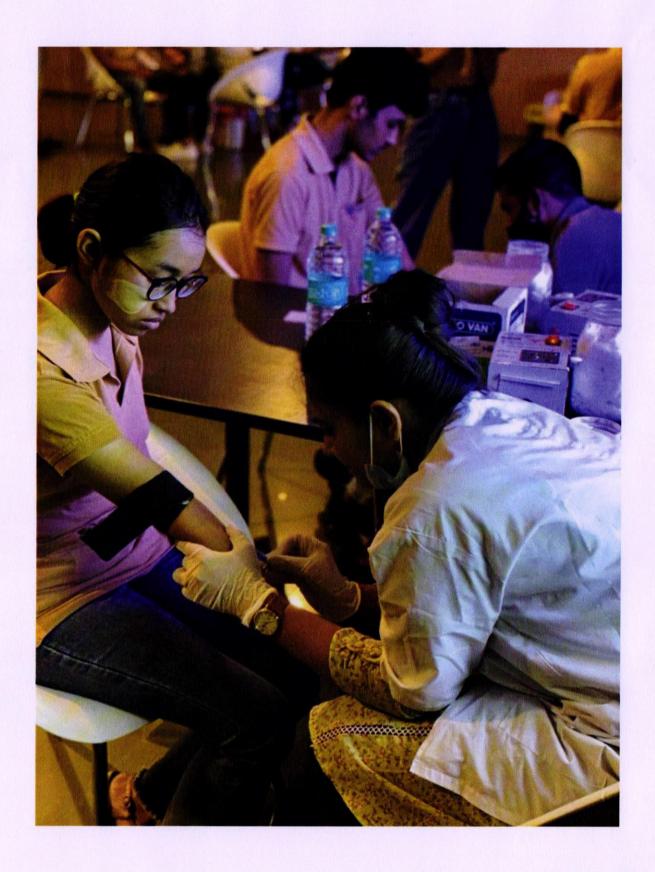
During the camp Dr. Kalyanee Jivrajani, Assistant Professor, Faculty of Physiotherapy and Dr. Rahul chhatlani Assistant Professor, Faculty of Physiotherapy were present.

The event was co-ordinated by Dr. Ashna Bhojani, Assistant Professor, Faculty of Physiotherapy under the guidance of Dr. Lalji Baldaniya, Principal, Faculty of Pharmacy, Marwadi University & Dr. Ashish Kakkad, Principal, Faculty of Physiotherapy, Marwadi University.



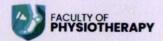














THE FACULTY OF PHYSIOTHERAPY AND FACULTY OF PHARMACY JOINTLY PRESENTS...

### FREE THALASSEMIA TEST CAMP

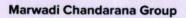
BY LIFE BLOOD CENTRE, RAJKOT.

### 12 APRIL 2022, TUESDAY

Time: 11:00 AM to 03:00 PM

Venue: Outer Seminar Hall, PG Building

FIRST 500 STUDENTS WITH REGISTRATIONS WILL BE BENEFITED.







### **Fitness Assessment Sheet**

Sr. No : 19 Date : 11-Aug-2021 Time : From 10:45:00 To 11:45:00

Name : Miss. RUSHIKA PATT

Age : 34 Gender : F Dept /Stream : MCA

Height: 156.5 cm Weight: 64.4 kg BMI: 26.3 kg/cm2

Systolic: 70 Diastolic: 111 PR: 73 min

RR : 12 min Sp O2 : 98 % PEFR : 0 L/min

Waist : 35 inch Hip : 42 inch WHR : 0.83

Any Present Symptoms : sedentary

Pain Fatique Stress Tringling Numbness

Headache Any Other

Life Style :

Step Test : 68 beats/min Run Test : 0 s

Sit & Reach Test : 14 cm Shoulder Flexibility Test : negative

Push Up Test : 0 rep Abdominal Curls Test : 6 rip

Hand Grip Strength : R 20 L0 foot Pinch Strength : R 7.5 L 0 inch

Squat Thrust : 8 rip

**Body composition analysis:** 

BMR: 1301 Fat: 38.4 % Lean Mass : 61.6 %

Core endurance test:

Plank Test : 12 s Prone Double Leg Raise Test : 48 s

Side Plank Test: R 10 L 0 s

Over All : Average

**Fitness** 





### **Fitness Assessment Sheet**

**Advice** 

**✗** Vitamin B12

**✗** Vitamin D

K CBC

X Thyroid

**x** Creatinine

Lipid Profile

Diet

: High Protein diet

Minimize Fats and fried food

**Exercise Prescription** 

: Walking, Cycling

Stretching of LL and Strengthening

Strengthening of UL Core Strengthening

**Special Remarks** 





### **Fitness Assessment Sheet**

#### **Normative Data**

### **Waist Hip Ratio**

Health risk	Men	Women			
Low	0.95 or lower	0.80 or lower			
Moderate	0.96-1.0	0.81-0.85			
High	1.0 or higher	0.86 or higher			

### **Squat Thrust**

#### Male

Age	18-25	26-35	36-45	46-55	56-65	65+	
Excellent	>49	>45	>41	>35	>31	>28	
Good	44-49	40-45	35-41	29-35	25-31	22-28	
Above average	39-43	35-39	30-34	25-38	21-24	19-21	
Average	35-38	31-34	27-29	22-24	17-20	15-18	
Below Average	31-34	29-30	23-26	18-21	13-16	11-14	
Poor	25-30	22-28	17-22	13-17	9-12	7-10	
Very Poor	<25	<22	<17	<9	<9	<7	

#### Female

Age	18-25	26-35	36-45	46-55	56-65	65+
Excellent	>43	>39	>33	>27	>24	>23
Good	37-43	33-39	27-33	22-27	18-24	17-23
Above average	33-36	29-32	23-26	18-21	13-17	14-16
Average	29-32	25-28	19-22	14-17	10-12	11-13
Below Average	25-28	21-24	15-18	10-13	7-9	5-10
Poor	18-24	13-20	7-14	5-9	3-6	2-4
Very Poor	<18	<20	<b>&lt;</b> 7	<b>&lt;</b> 5	<3	<2

### Sit And Reach

Result	Men	Women				
Superior	>42cm	>45cm				
Excellent	32 - 41cm	36 - 44cm				
Good	21 - 29cm	26 - 35cm				
Average	15 - 20cm	16 -25cm				
Fair	8 - 15cm	7-15cm				
Poor	1 - 7cm	5 - 6cm				
Very Poor	<1cm	<5cm				

Age	Grip				Pinch			
	м		F		M		F	
	m	,	m		m	•		,
18-19	51.2	6.6	32.0	4.8	9,5	1.8	6.9	1.2
20-24	53.9	8.7	33.4	5.4	9.8	1.4	6.5	13
25-29	53.0	7.5	34.3	5.7	10.1	1.4	6.8	0.9
30-34	55.0	7.1	33.8	5.9	9.9	1.5	6.9	1.2
35-39	55.9	7.9	35.8	6.7	10.4	1.5	7.1	1.4
40-44	54.2	8.1	36.0	6.0	10.3	15	7.2	1.0
45-49	51.8	8.3	34.1	5.3	9.8	1.7	7.1	1.3
50-54	50.8	9.1	33.7	4.5	9.7	1.5	6.9	10
55-59	53.6	8.6	31.9	49	10.3	1.5	6.8	1.4
60-64	47.9	6.4	28.7	5.5	9.8	1.5	6.7	1,4
65-69	43.0	6.8	29.5	3.6	8.7	15	6.3	1.1
70-74	41.7	8.9	26.4	6.8	8.3	1.9	5.7	1.6
75-79	36.8	9.7	25.0	4.5	8.2	2.4	5.1	1.2
80-84	30.7	9.1	19.2	5.2	6.4	2.1	4.3	1.3
285	22.4	6.2	16.9	4.8	5.4	1.8	3.1	1.3



Very Poor 0 0 0 0 0 0



### **Fitness Assessment Sheet**

#### **Push-Up Test** Table: push-up test norms for MEN Table: push-up test norms for WOMEN 17- 20- 30- 40- 50- 60-17- 20- 30- 40- 50- 60-19 29 39 49 59 65 19 29 39 49 59 65 Excellent > 56 > 47 > 41 > 34 > 31 > 30 Excellent >30 >32 >28 >20 >16 >12 47- 39- 34- 28- 25- 24-Good 22- 24- 21- 15- 13- 10-Good 56 47 41 34 31 30 30 32 28 20 16 12 35- 30- 25- 21- 18- 17-Above Above 11- 14- 13- 10- 9-12 6-9 average 46 39 33 28 24 23 21 23 20 14 Average 19- 17- 13- 11- 9-17 6-16 Average 7-10 9-13 7-12 5-9 4-8 3-5 Average 34 29 24 20 Below 46 5-8 3-6 2-4 2-3 2 Below 11- 10- 8-12 6-10 5-8 3-5 average 18 16 average 1-3 1-4 1-2 1 1 1 Poor Poor 4-10 4-9 2-7 1-5 1-4 1-2

Very Poor <4 <4 <2 0 0 0

### Queen's College step test

#### FORMULAS AND CALCULATION:

 $MVO_2 = 111.3 - (0.42 \text{ x HR})$  $MVO_2 = 111.3 - (0.42 \text{ x HR})$ 

 $MVO_2 = 111.3 - (...+2.4)$ 

MVO<sub>2</sub> =

MALE (ml/kg/min)								FEMALE (ml/kg/min)					
	18-25	26-35	36-45	46-55	56-65	66+	18-25	26-35	36-45	46-55	56-65	66+	
EXCELLENT	80-63	70-58	77-53	60-47	58-43	50-38	71-58	69-54	66-46	64-46	57-38	51-33	
GOOD	59-53	54-50	49-44	43-40	39-37	36-33	54-48	51-46	44-39	39-35	36-33	31-28	
ABOVE AVE	51-47	47-44	42-40	38-35	35-33	32-29	46-42	43-40	37-34	33-31	31-28	27-25	
AVERAGE	46-43	42-40	38-35	35-32	31-30	28-25	41-39	38-35	31-31	30-28	27-25	24-22	
BELOW AVE	41-38	39-35	34-32	31-29	29-26	25-22	37-34	34-31	30-28	27-25	24-22	22-20	
POOR	35-31	34-31	30-27	28-26	25-22	21-20	32-29	30-26	26-23	24-21	21-19	18-17	
VERY POOR	29-20	28-20	25-19	23-18	21-16	18-15	26-18	25-20	21-18	19-16	17-14	16-14	



## Heartfulness Relaxation & Meditation 3 days Workshop for Housekeeping Staff at Marwadi University on 27, 28 and 29th of May 2022

The Heartfulness Institute as per the permission granted by the Management, conducted three days event in out institute, giving live demos of meditation and its effect on our system as well as other aspects and ways of meditation. The event was organized on 27, 28 and 29th of May 2022 in the college premises for the House Keeping Staff, though a few foreign students also joined the event. The programme was attended by over 120 participants from Housekeeping side and 06 nos. of foreign students. The programme was in Gujarati but the students were explained in English, who were very enthusiastic for the meditation.

First day i.e. on 27th May 2022, the team of the Heartfulness consisting Br. Nilesh Pandya, Meditation Trainer, Br Tushar Chanpura as speaker and other volunteers conducted the practical relaxation and meditation for Housekeeping Team of our institute. The session was for 45 minutes consisting of video, explanation and practical relaxation and meditation.



Session1 of Heartfulness Relaxation and Meditation







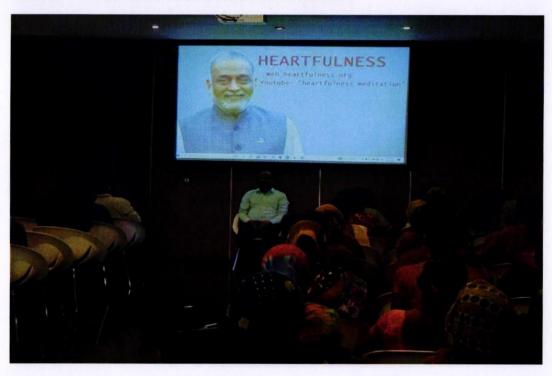
Session 2 of Heartfulness Relaxation and Meditation



Second day the 28th May 2022, the subject was explained with the help of videos, explanation and practical relaxation and meditation. The emphasis was given on how to keep the mind free of deviating thoughts and how to keep the heart pure by removing all negativity and keeping oneself in good and calm mood.



Session2 of Heartfulness Relaxation and Meditation





On the Third day i.e. 29th May 2022, the session was for 45 minutes consisting of video, practical relaxation and meditation along with the explanation of importance of Prayer and how to offer the prayer, purpose of human life, duty towards self and Self.



Thus on all the three days practical meditation and relaxations were conducted and the participants were made to understand how the self-regulation helps in our day-today activities. All participants expressed happiness and gratitude also for our concern towards them.



Session 3 of Heartfulness Relaxation and Meditation



After the three days sessions, on the request of participants, weekly meditation is being conducted on every Sunday in which the meditation sessions are being conducted, as the Heartfulness philosophy believes that all that we want outside has to be created within - be it peace or love or concern, caring whatever for which a living being yearns. The only method it adopts to achieve this, is Meditation which is of three types -

Meditation to experience divinity in our Heart,

===

Meditation to cleanse our heart of all that is not required for our upliftment and

Prayer Meditation on the Heart to get rid of our uncontrolled urge to fulfill our desires.

The Heartfulness does not propagate any kind of worship to any form of God, but guides humanity to seek the God in one's heart. Though the Heartfulness institute is a spiritual organization, but also makes various efforts in the field of education, bringing harmony in the society, trying to help the humanity in breaking all kind of differences of caste, creed, colour, religion, gender, nationality etc.

In the field of Yoga and environment, it has started a grand programme in Telangana by making a meditation hall big enough for over one lakh people to meditate together. Thousands of trees have been planted and transplanted which were uprooted for different reasons in nearby districts in the Kanha Shanti Vanam – the World Headquarters.

Thousands of aspirants are being trained for these purposes. The Institute has its branches in more than 160 countries and counting. The institute is in collaboration with various organizations of United Nations. The Institute works silently just like its teaching of bring peace in once heart by sitting silently and invoking the Divine within. The Heartfulness organization does not charge any fee for spiritual activities and imparting spiritual trainings.

The volunteers of the Heartfulness organization have expressed their willingness to conduct more practical sessions for the benefits of our students and staff and for their families.







# Introductory Workshop on Heartfulness Relaxation & Meditation on 4 May, 2022

The Heartfulness Rajkot conducted an introductory session of Meditation named Relaxation on 4/5/2022. The team of the Heartfulness consisting Dr. Vivek Sharma, Dean – Academics and Professor, HOD-Physiology, AIIMS, Rajkot, sister Bharti, Br. Sanjay and Dr. Archana Sharma. The session was conduced by Dr, Vivek with the help of device he had bought with him to show the practical effect of relaxation on our nervous system.

2. Dr. Vivek called a student from the group of attendees. Mr. Richardson obliged by presenting himself. The device was put on his wrists and was attached to the laptop to record his nervous system. The whole process took about 10 minutes. Thereafter, Dr. Vivek called Ms Maya from girls section. She also underwent the whole process as a volunteer.



3. After both the students finished their process, a recorded relaxation was played from the youtube.com as heartfullness relaxation for about 10 minutes, during which all students took part by closing eyes and following the instruction conveyed in the relaxation.





4. Dr. Vivek explained what is the importance of relaxation in terms of brain's capacity and for the heartbeat etc. How the relaxation provides a small gap in the thought process which otherwise goes on uninterrupted in our mind right through all the waking hours and disturbs our sleep. He explained how breaking this unbroken chain of thought process gives us time to understand the thoughts and allows us to take right decision. He gave examples of various scientists who have made revolutionary discoveries in the field of brain and its activities. He showed various slides to explain his point. And also shown various brain mapping slides how a relax brain looks in the app.



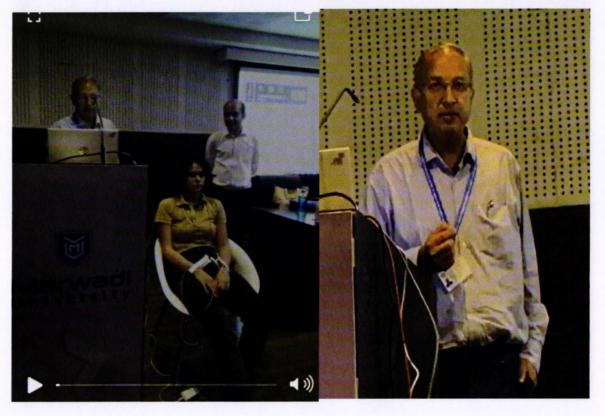


5. In the end, he, with the permission of Ms Maya, showed her graphs on the screen, that was captured earlier in the system. He showed the condition before the relaxation and explained how her heart rate was going on and what various factors were working in her brain. He then showed her brains condition after the relaxation session and the results were astonishing as every one was surprised and even Ms Maya could only agree that after the relaxation she was in a far better condition than the before one. Dr. Vivek explained to her. And he also told that all this changes came in only 10 minutes of relaxation even though the

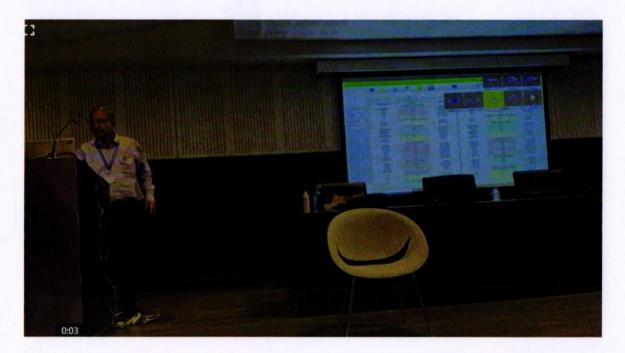


paracitamole which is widely used to bring down all these takes at least 30-40 minutes.









- 6. While, Mr. Richardson's graph was quite surprising to Dr. Vivek who told that even though his brain and heartbeat were noted before the relaxation, but his conditions were very constant and calm. Mr. Richardson later revealed that he is practicing some kind of meditation in the morning hours everyday. Thus he also proved that meditation even done in small duration gives whole days benefits.
- 7. Dr. Vivek then explained the meditation technique under the Heartfulness system and offered to one and all claiming that this will not only calm us but also energized us to meet the challenges we face in today's world. He emphasized on the youth's role in the coming times who should be more aspiring to be perfect and mentally capable to be successful in life.
- 8. In the end, Mr. Richardson, few other students shared their views on the session. In short everyone was surprised how the thought process takes a toll on our brain and body, and how easily with this 10 minutes relaxation we can rejuvenate ourselves and make the body and brain more comfortable to make better of ourselves.









9. From faculty side Ms Chaitali and I took part while Shri Prof. Mukesh Ambwani from Learning and Department.

The discussion went on till 7:15 pm.

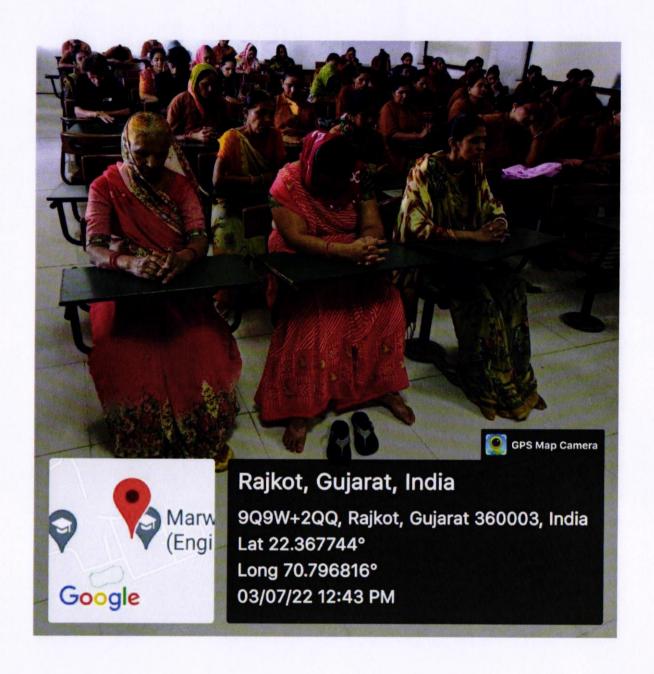


#### **GEO TAGEED PHOTOGRAPHS**















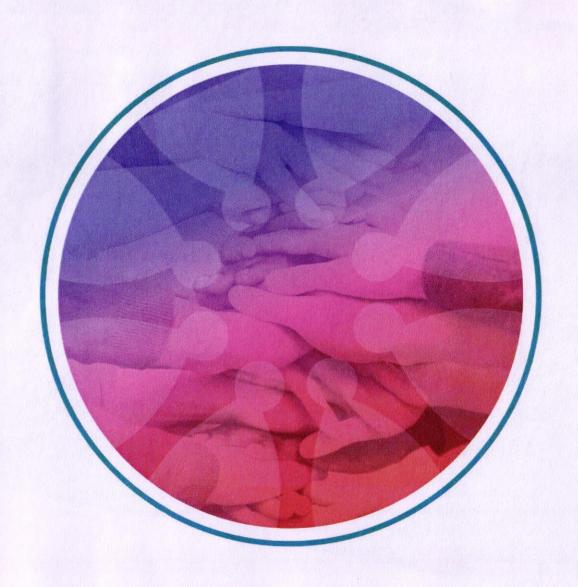


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# NATIONAL SERVICE SCHEME MARWADI EDUCATION FOUNDATION



IN THE SERVICE OF NATION SINCE 2014

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## **NSS PROGRAM OFFICER'S MESSAGE**

## TOGETHER WE MAKE IT HAPPEN

We, the members of the NSS unit proudly present our first newsletter which not only showcases the efforts and activities put in by this unit to create a sustainable and pragmatic environment but also the multifaceted aptitude of the students of NSS.



The national service scheme (NSS) is an Indian government-sponsored public service program conducted by the ministry of youth affairs and sports of the government of India. While keeping in mind the NSS motto "Not me but you", NSS MEFGI has done some splendid work in the form of social service. The main aim of NSS is to develop students' personality through community service. It helps in infusing the feeling of social welfare in students and to look out for marginalized sections with an unbiased approach. Volunteers work to ensure that anyone who is needy gets help in various forms. Sometimes, volunteers learn from people of villages about how to lead a good life despite the scarcity of resources.

NSS MEFGI has been conducting various activities and events for 5 years and many more to go. We perform events on a regular basis which includes helping the underprivileged by distributing food and clothes. we often visit old age homes and orphanage homes, spreading a little sunshine in their life. blood donation programs, tree plantation drives, education awareness drives, health checkup, rural development programs, village visits, and charity and donation programs are the key activities of NSS MEFGI.

We can proudly say that the present allocation of volunteers at the NSS MEFGI unit is around 200. We believe that **'work is worship'**. This philosophy always keeps us motivated and is reflected in our accomplishments; we donated more than 4000 bottles of blood, we collected and distributed 5000 garments, we planted more than 600 trees, and initiated an education awareness program in more than 10 schools and visited around 5 villages to exchange knowledge.

As a program officer of the NSS unit, I would like to acknowledge the dedication and hard work of each NSS cadet – all these achievements would not have been possible without their selfless service. I am truly honored to lead this NSS team.

Thanking you!

Prof. Charmin A Jarsania NSS Coordinator Marwadi University





## THE GENESIS OF NSS MEFGI UNIT

The National Service Scheme (NSS), an Indian government-sponsored public service program, was launched in Mahatma Gandhi's Centenary year, 1969. NSS MEFGI unit was incepted in 2014 doing excellent work in the form of social service and giving back to

society. The aim of these activities is to develop student's personality through community service. You will definitely feel the enthusiasm, commitment



and empathy towards society unfold among students' fraternity in this NSS newsletter. A humble beginning in 2014 has grown to be a **Service Attitude** towards society in the young minds and heart as a way of life today.







## THE GLIMPSES OF NSS ACTIVITIES SINCE 2014



- 50+ activities with support from 200+ students involved to serve the Nation
- Fund of Rs. 1,34,500+ for various Social service initiatives
- Fund of Rs. 75,000+ for natural calamity
- Fund of Rs. 1,85,000+ for Indian Armed forces
- Fund of Rs. 1,06,000+ for India's Brave hearts
- Celebration of World Yoga Day for better health
- Donated more than 4000+ blood bottles
- 5000+ Garments donation
- 600+ Trees plantation
- 10+ School education program
- 5+ Village visit and awareness program
- 6+ Clean India Campaign Program
- 10+ Ethical Education Expert Talk

NSS Motto is 'NOT Me But You',
NSS Motto reflects selfless service and appreciation of the other person's point of view





## **DEVELOPMENT THROUGH EDUCATION**



Team NSS has achieved two objectives with Development through Education initiative. On the one hand, we have been successful in igniting young minds to learn new things, practice and expand their horizons and on the other hand the passion to serve society selflessly has been introduced to next generation. NSS volunteers have reached out to the students in a large number of students in rural areas through many programs. They shared <a href="KNOWLEDGE">KNOWLEDGE</a>, SKILLS AND A POSITIVE ATTITUDE through teaching, practical labs, activities, games and outdoor sports.





## **FEEDING THE HUNGER**





With the aim to provide food for the underprivileged children, we initiated a campaign to provide a decent meal to them. As we researched for the root-cause, the most obvious and common reason for poverty and food deprivation was lack of education leading to unemployment and the low-paying job of parents.

The issue that we decided to research and try to solve was childhood hunger. We discovered that the root cause of child hunger was linked to parents who were in poverty because of factors like unemployment and low paying jobs. We got in touch with a few establishments who agreed to provide us with healthy leftovers or excess food. we collected this food and distributed it to the needy kids in slums and poor localities for **50 such drives that catered to 3200 kids**.

This whole exercise was a great learning for all of us. We understood how hunger can lead to several chronic health conditions, behavioural problems and sometimes even depression.

With this little step towards learning empathy and eradicating hunger. We aspire to conquer this malady and seek to provide equal opportunity for all children in society.

#feedthehungrychildren





## **GREEN AND CLEAN INDIA CAMPAIGN**





When I was a kid, I watched those lovely chirping birds, I watched little plants thriving in the green nurture around me

I saw the river bank washing my feet, I loved the way air smelled before the rain,

But today I feel those birds are crying out in pain,

I see the tress being cut and feel sorry and drained.

I don't know how things suddenly changed I don't know how people have gone insane

I kneel down in prayer at the dry river banks Calling upon humanity to stop this rampage

Today, here I call upon you, one and all, Let us save mother earth Before it is too late to rise from the fall!

Ayush Raikundaliya, Student MEFGI

And as an NSS unit, we join hands and take a pledge to save the environment, Save NO to Plastic and Plant more trees.

Our Mission:
Save the environment. Save Planet.
#saveTheEnvironment

NSS Motto is 'NOT Me But You',
NSS Motto reflects selfless service and appreciation of the other person's point of view





## **SWACHH BHARAT ABHIYAN**

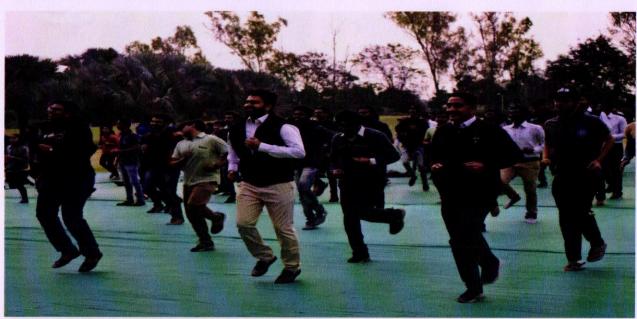


**Swachh Bharat Abhiyan** is a nation-wide campaign in India by our primeminister Shri Narendra Modi who has motivated all Indians to clean the streets, roads, and infrastructure of cities, towns, urban and rural areas. As a part of this campaign, team NSS initiated a drive to clean up the university campus, and villages around Rajkot. Our volunteers took up different areas of a village, armed with brooms and dusters, cleaning every nook and corner of the village. This **created a buzz in the village** and suddenly NSS team started getting more volunteers from the village, making the whole place spic and span.





## **HEALTH AND HAPPINESS**







"Healthy citizens are the greatest asset any country can have." Winston Churchill

With the noble thought of **spreading awareness about building a healthy lifestyle**, NSS Marwadi University organized a yoga day and blood donation camp on campus. Both activities brought out the inherent values of MEFGI NSS; selfless service with a smile.

#haveahealthyday





### **RURAL DEVELOPMENT**



"The Future of India lies in its Villages" ~ Mahatma Gandhi

Team NSS follows this philosophy of Mahatma Gandhi and all its activities are guided by this core belief. Putting this belief into practice, we had organized two camps in nearby villages; one in ratanpar and the other is Kagdadi. We took up cleanliness drives, tree plantation, and yoga sessions during this visit. Interaction with the villagers was a heart-warming and a feel-good experience that will be cherished for a lifetime.





## **NSS VOLUNTEERS – EVERYDAY HEROES**







The NSS volunteers are everyday heroes who serve society selflessly. Just like any other student, NSS volunteers also need to stay updated in academic courses, assignments, and projects and yet they manage to serve the society in many ways.

We have stories of volunteers who have been transformed during their journey.

They have learned life skills, have built lasting friendships and tasted brotherhood.



place for all people.

Our NSS volunteers have been recognized at the state and national level platform for their contributions, our students have also penned books about their experiences with NSS activities.

#everydayheroes





## LETTER OF APPRECIATION

### ભૂપેન્દ્રસિંહ ચુડાસમા





ક્રમાં ક: મ.શિ. વૈ.સં./ ૨૦૧૮

મંત્રી, શિક્ષણ,(પ્રાથમિક, માધ્યમિક, પૌઢ),ઉચ્ચ અને ટેકનિકલ શિક્ષણ, કાયદો અને ન્યાયતંત્ર, વૈધાનિક અને સંસદીય બાબતો, ગૌસંવર્ધન, નાગરિક ઉડ્યુવન, ગુજરાત રાજય, સ્વર્ણિમ સંકુલ-૧, બીજો માળ, સચિવાલય, ગાંધીનગર

al. 8/6/2092

## શુભેચ્છા સંદેશ

મારવાડી યુનિવર્સિટી, રાજકોટ (NSS) નેશનલ સર્વિસ સ્ક્રીમ યુનિટ દ્વારા સેવાક્રિય પ્રવૃત્તિ કરવામાં આવે છે, જે ખરેખર સરાહનીય કામગીરી છે.

યુનિવર્સિટી દ્વારા સેવાકીય ક્ષેત્રે જે યોગદાન આપવામાં આવેલ છે, જે બીજી સંસ્થાઓ માટે પ્રેરણારૂપ છે. બાળકોના સર્વાગી વિકાસ માટે સ્વચ્છ ભારત અભિયાન, ચિત્ર સ્પર્ધા, બ્લડ ડોનેશન કેમ્પ, પોલીયો રશીકરણ ઝુંબેશ, ટ્રી પ્લાન્ટેશન, થેલેસિમીયા ચેકપ કેમ્પ, મહિલા સશકિતકરણ, યોગા, ખેતી ક્ષેત્રે જાગૃતિ અભિયાન, કોમ્પ્યુટર નોલેજ અભિયાન જેવા અનેક કાર્યક્રમો યોજી સોને મદદરૂપ થયેલ છે. યુનિવર્સિટી દ્વારા ભવિષ્યમાં પણ આવી સેવાકીય પ્રવૃતિઓ હાથ ધરી સહભાગી થઈ યશસ્વી કામગીરી પ્રદાન કરતા રહેશો એવી અપેક્ષા સાથે મારી હાર્દિક શુભેચ્છા પાઠવું છું.

(ભૂપેન્દ્રસિંહ ચુડાસમા)

પ્રતિ, શ્રી રાજ સંજયકુમાર મેહતા NSS પ્રતિનિધિ, મારવાડી યુનિવર્સિટી, રાજકોટ

કાર્યાલય ક્રોન : ૦૭૯-૨૩૨૫૦૧૧૬ થી ૨૩૨૫૦૧૧૯, ૨૩૨૩૮૦૭૬, ૨૩૨૪૩૩૮૯ (કેકસ)૨૩૨૫૦૧૨૦ નિવાસસ્થાન : બંગલ નં. ૧૦, માન.મંત્રીશ્રી નિવાસ્થાન સંકુલ , ક્રોન (રહેઠાણ) ૦૭૯-૨૩૨૫૯૬૦ ૨૩૨૫૯૫૯૮, ૨૩૨૨૨૬૧૭ E-mail: min-education@gujarat.gov.in





## **NSS UNIT - "HITTING THE HEADLINES"**



## NSSના સ્વયંસેવકો દ્વારા વૃક્ષો વાવી દિવાળી પર્વની અનોખી ઉજવણી

મારવાડી કોલેજ ખાતેના NSS યુનિટના સ્વયંસેવકો દ્વારા સમાજસેવાની પ્રવૃતિનું આયોજન કરવામાં આવે છે. રાજકોટ મોરબી હાઈવે પર આવેલા રત્નપર ગામ પાસેના માતૃછાયા વૃદ્ધાશ્રમના પટાંગલ્નમાં NSS યુનિટના વિદ્યાર્થીઓ દ્વારા વૃદ્ધાશ્રમના વૃદ્ધાને સાથે રાખી કળ કુલ આપતા ઉપયોગી એવા ૧૯ વૃક્ષો વાવી અને કરતે પીજરા ગોઠવવી દિવાળી પર્વની અનોખી ઉજવલ્ની કરાઈ હતી. વૃદ્ધાશ્રમના વૃદ્ધોને સાથે રાખી કળ કૂલ આપતા ઉપયોગી એવા ૧૯ વૃક્ષો વાવી અને કરતે પીજરા ગોઠવવી દિવાળી પર્વની અનોખી ઉજવલ્ની કરાઈ હતી. વૃદ્ધાશ્રમના વૃદ્ધોને સાથે રાખી સુંદર મજાના વૃક્ષારોપલ કાર્યક્રમનું આયોજન કરી "ગ્રીન અને સુરક્ષીત દિવાળી"ના સંદેશ સાથે એક વાર વાવેલા વૃક્ષો કાયમ તેમને ઉપયોગી રહે એ હેતુસર સરગવો, ચીકુડી, સીતાકળી, જામકળી અને અરીઠા જેવા ઉપયોગી વૃક્ષોની બેટ આપી NSSની ટીમે આનંદની લાગણી અનુભવી હતી. આ ઉમદા કાર્યમાં NSS પ્રોગ્રામ ઓક્સિર પ્રા. ચાર્માન જરસાનીયા તથા પ્રો. કિશન સાવલિયાના માર્ગદર્શન સાથે NSSના સ્વયંસેવકો જયદીપ વધાસીયા, નયન કાતરિયા, ભાર્ગવ ચાવડા, અભિષેક ભાલારા તથા ડાર્વિન હીરપરાએ જહેમત ઉઠાવી હતી.

# મારવાડી કોલેજની સરાહનીય કામગીરીઃ જૂના કપડાં એકત્રીત કરી જરૂરિયાતમંદોને અપાયા



આજકાલ કાર્યાલય

#### રાજકોટ

જરૂરિયાતમંદ લોકોને કપડાંની જરૂરિયાત પુરી પાડવાના નેક ઈરાદશથી મારવાડી કોલેજના વિદ્યાર્થીઓ અને પ્રાધ્યાપકો દ્વારા જૂના કપડાંનું એકત્રીકરણ અને વિતરણનો કાર્યક્રમ સફળતાપૂર્વક હાથ ધરાયો હતો જેમાં કુલ ૬૭ એનએસએસ વિદ્યાર્થી સ્વયંસેવકોએ સક્રિયપણે આ પ્રસંગમાં ભાગ લીધો હતો.

વિદ્યાર્થીઓએ શૈક્ષણિક અને છાત્રાલય વિસ્તારમાંથી કુલ ૨૩૨૬ જૂના કપડાં બે દિવસમાં એક્ત્રીત કર્યા હતા. સમગ્ર કાર્યક્રમનું સંચાલન પ્રોફેસર રમેશ સગપરિયા, પ્રોફેસર ચાર્મીન જરસાનીયા, પ્રોફેસર વિશાલ સોરઠિયા અને એનએસએસ વિદ્યાર્થી સ્વયંસેવકો ટીમ દ્વારા કરાયું છે.

39 સ્વયંસેવકોએ ઝુંપડપકીના વિસ્તાર, વૃધ્ધાવસ્થા, રતનપુર મંદિર, અનાથાશ્રમમાં કપડાં વિતરણ કાયા હતા. મારવાડી યુનિવર્સિટીના કો-ફાઉન્ડર અને વાઈસ ચેરમેન જીતુભાઈ ચંદારાણાએ આ પ્રવૃત્તિને બિરદાવી હતી.

# 500 છાત્ર, પ્રાધ્યાપકોએ સૂર્ય નમસ્કાર કરી યુવા દિન ઉજવ્યો



રાજકોટ | સ્વામી વિવેકાનંદ જયંતી સંદર્ભે મારવાડી કોલેજમાં રાષ્ટ્રીય યુવા દિનની અનોખી ઉજવણી કરવામાં આવી હતી. કોલેજના છાત્રો, પ્રાધ્યાપકો, રજિસ્ટ્રાર, ડીન મળી કુલ 500 જેટલા લોકોએ વહેલી સવારે યોગ અને સૂર્ય નમસ્કાર સાથે વિવેકાનંદના જીવન અને ઉપદેશ સાથે ઉજવણી કરાઇ હતી. રક્તદાન કેમ્પ મારવાડી કોલેજમાં દ્વારા સિવીલ હોસ્પીટલ અને રાજકોટ વોલીયન્ટરી બ્લડ બેન્કના લાભાર્થે રક્તદાન કેમ્પનું આયોજન કરવામાં આવ્યું હતુ. જેમાં પ૮૦થી વધારે લોકોએ રક્તદાન કર્યું હતું.







## **NSS UNIT - "HITTING THE HEADLINES"**

# મારવાડી કોલેજના એનએસએસ યુનિટ દ્વારા રક્તદાન કેમ્પ યોજાયોઃ ૭૨૧ બોટલ એકત્રિત કરી નવો કિર્તીમાન રચ્ચો

#### આજકાલ કાર્યાલય-રાજકોટ

મારવાડી કોલેજના એનએસએસ વિભાગ દ્વારા તાજેતરમાં સિવિલ હોસ્પિટલ અને સૌરાષ્ટ્ર વોલેન્ટરી બ્લડ બેન્ક, રાજકોટના લાભાર્થે ૨ દિવસના મહારકતદાન કેમ્પનું આયોજન કરવામાં આવ્યું હતું. આ ૨ દિવસના મહા રકતદાન કેમ્પમાં મારવાડી કોલેજના વિદ્યાર્થીઓ, પ્રાધ્યાપકો, એડમીનીસ્ટ્રેટિવે સ્ટાફ, ડ્રાઈવર ભાઈઓ તથા સિક્યુરીટી સ્ટાફ દ્વારા ૭૨૧ બોટલ લોહી એકત્રિત કરવામાં આવ્યું હતું. ઉપલબ્ધ માહિતી અનુસાર આ અગાઉ જીટીયુ સંચાલિત ૧૨૫થી વધારે કોલેજોમાં પહેલા મહત્તમ બ્લડ ડોનેશન ૭૧૩ બોટલનો રેકોર્ડ નોંધાયેલો છે. મારવાડી કોલેજ દ્વારા ૭૨૧ બોટલ એકત્રિત થતાં રક્તદાનનો એક નવો કિર્તીમાન સ્થાપિત કરવામાં આવ્યો છે. આ રકતદાન કેમ્પ



દરમિયાન ખાસ કરીને વિદ્યાર્થીઓમાં હિમોગ્લોબિન ઓછું હોય છે તે અંગે ખાસ સેમિનારનું આયોજન કરવામાં આવેલ અને હિમોગ્લોબીન વધારવા શું કરવું જોયે તે અંગે પણ માહિતી આપવામાં આવેલ. મારવાડી કોલેજના વાઈસ ચેરમેન જીતુભાઈ ચંદારાણાએ આ પ્રક્ષરની સમાજને ઉપયોગી થઈ શકે અને જરૂરિયાતમંદ દર્દીઓને સમયસર લોહી મળી રહે તેવા ઉમદા કાર્ય બદલ તમામને અભિનંદન પાઠવેલ.



# મારવાડી યુનિટના NSS વિભાગના સ્વયંસેવકો દ્વારા વૃક્ષારોપણ કાર્યક્રમ યોજાયો

મારવાડી કોલેજ ખાતેના NSS યુનિટના સ્વયંસેવકો દ્વારા સમાજસેવાની પ્રવૃતિનું અવાર-નવાર આયોજન કરવામાં આવે છે. ગત તા. રહ જુલાઇ ૨૦૧૮ના રોજ રાજકોટ મોરબી હાઈ-વે પર આવેલા સ્તનપર ગામના પ્રવેશ પાસેના રસ્તાની બન્ને બાજુ મારવાડી કોલેજના NSSના કાર્યકરો તેમજ સ્થાનિક ખેડુતો અને સ્તનપર ગામના સરપંચની સહક્ષરથી વૃક્ષારોપણ કાર્યક્રમ હાથ ધરવામાં આવેલ હતો. સ્તનપર ગામના પટાંગણમાં NSS યુનિટના વિદ્યાર્થીઓ દ્વારા ગ્રામજનોને સાથે રાખી ૬૦ વૃક્ષો વાવી અને ફરતે પીંજરા ગોઠવવી વૃક્ષારોપણ કરવામાં આવ્યું હતું.

# મારવાડી ચુનિવર્સિટીના ૩૫૦૦થી વધુ વિદ્યાર્થીઓએ મતદાન માટે લીદ્યા શપથ

#### આજકાલ કાર્યાલય રાજકોટ

મારવાડી યુનિવર્સિટી એન એસ એસનાં વિદ્યાર્થીઓ દ્વારા બે દિવસીય મતદાર જાગૃતિ અભિયાન યોજાય ગયા જે અંતર્ગત મારવાડી યુનિવર્સિટીના એનએસએસ વિભાગના સ્વયંસેવકો તથા મતદાર સાક્ષરતા કલબના વિદ્યાર્થીઓ દ્વારા યુનિવર્સિટી કેમ્પસના બસ ડાઈવરથી લઈને પ્રાથાપકો સુધીના તમામ સ્ટાફને આવનારા લોકશાહીના પર્વ સમાન યોજાનારી લોકસભાની ચૂંટણીમાં દરેક લોકોને અને તેમના પરિવારજનોને મતદાન અવશ્ય કરવા માટેના શપથ લેવડાવ્યા હતા. મારવાડી યુનિવર્સિટી તથા એનએસએસના વિદ્યાર્થીઓ દ્વારા મતદાન જાગરહતા અભિયાન હાથ ધરાયુંહતું ટીમ એમઈએક જીઆઈ-એનએસએસએ



રજાકોટ શહેરમાં ૩૫૦૦થી વધુ નાગરિકો પાસેથી મતદાન વચન લીધું અને મતદાન દ્વારા પાવર ઓફ વોટને પ્રોત્સાહન આપ્યું છે એમઈએફઆઈ– એનએસએસનાં કુલ ૪૬ સ્વયંસેવકોએ આ ઈવેન્ટમાં સક્રિય ભાગ લીધો હતો અને દરેક નાગરિકને દેશના લોકતાંત્રિક પરંપરાઓની ગરિમા જાળવી ધર્મ, વંશ, જ્ઞાતિ, જાતિ, ભાષા કે અન્ય કોઈપણ પ્રકારના પ્રલોભનથી પ્રભાવિત થયા વિના એક જાગૃત નાગરિક તરીકે મતદાન કરવાનો અનુરોધ કર્યો હતો.

બનાવ માટે મારવાડી યુનિવર્સિટીના ડીન ડો. જાડેજા,

ડો.રામદેવસિંહ ઝાલા, ડો. આર. શ્રીધરન તથા વાઈસ પ્રેસિડેન્ટ નિલેશ ગોટેચાના માર્ગદર્શન હેઠળ એનએસએસ વિભાગના પ્રોગ્રામ ઓફિસર પ્રો.ચાર્મિન જારસાણિયા. મતદાર સાક્ષરતા કલબના પ્રો.શ્રેયા બેનર્જી તતા એનએસૈએસ વિભાગના સ્વયંસેવકોએ ભારે જહેમત ઉઠાવી હતી. જિતેન્દ્ર ચંદારાણા વાઈસ ચેરમેન, ડો.વાય. પી.કોસ્તા, પ્રોવોસ્ટ નરેશ જાડેજા, રજિસ્ટ્રાર, તમામ ફેકલ્ટી ડીન્સ અને મારવાડી એજ્યુકેશન ફાઉન્ડેશનના શિક્ષકોએ તમામ એમઈએફ જીઆઈ-એન એસ એસના સ્વયંસેવકોને આ ઉમદા કાર્ય માટે હાર્દિક અભિનંદન આપતા આ અભિયાનની પ્રશંસા કરી તેમજ લોકોને લોકશાહીના આ પર્વમાં વધુમાં વધુ ભાગ લે તેવી અપીલ કરી છે.

NSS Motto is 'NOT Me But You'.



















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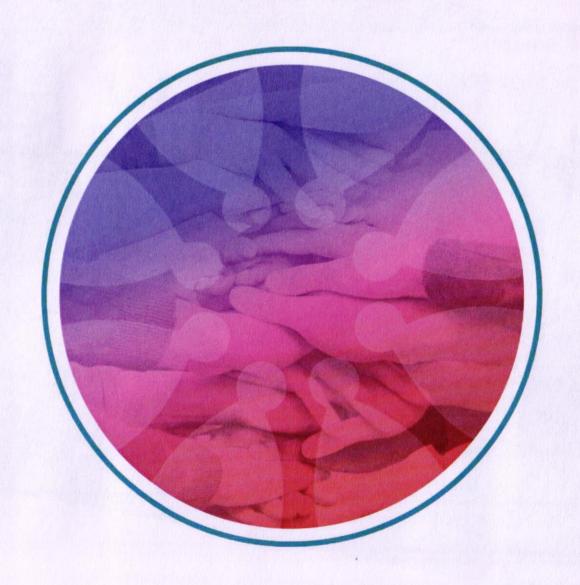








# NATIONAL SERVICE SCHEME MARWADI EDUCATION FOUNDATION



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#### MESSAGE FROM PROVOST DESK

Dear team,

The true India is pulsating in its villages. The culture, civilization, human values and sheer joy of living that one can experience in a village is unparalleled. Rural India shall be the guiding beacon in various facets of life for us in today's fast pace life. We are glad to see zealous young minds of our NSS unit to constantly endeavour to contribute to



growth of villages in our vicinity. I appreciate not only the programs that they have initiated but also the seeds that they have sown for upcoming student generation at campus. I have observed their efforts, filled with discipline, hard work and sincerity. I have also felt their positivity and magnanimous worldview. I appreciate and encourage team NSS to keep up their march on the path of positivity, hard work, and contribution to society.

Yours sincerely,

Dr. Y.P. Kosta Provost (Vice chancellor) Marwadi University





## NSS PROGRAM OFFICER'S MESSAGE

We, team NSS proudly present second NSS newsletter. The theme of the newsletter is Rural India. As you unfold pages of the newsletter, you will notice hard work, sincerity, integrity, skill sets and immense motivation of Team NSS. Team NSS has contributed through not only various programs but also with positive attitude and zeal to contribute to society.



While keeping in mind the NSS motto

"Not me but you", NSS Team has done some splendid work in the form of social service. The main aim of NSS is to develop students' personality through community service. It helps in infusing the feeling of social welfare in students and to look out for marginalized sections with an unbiased approach. Volunteers work to ensure that anyone who is needy gets help in various forms. Sometimes, volunteers learn from people of villages about how to lead a good life despite the scarcity of resources.

We can proudly say that the present allocation of volunteers at the NSS MEFGI unit is around 200. We believe that 'work is worship'. This philosophy always keeps us motivated and is reflected in our accomplishments; we donated more than 4000 bottles of blood, we collected and distributed5000 garments, we planted more than 600 trees, and initiated an education awareness program in more than 10 schools and visited around 5 villages to exchange knowledge.

As a program officer of the NSS unit, I would like to acknowledge the dedication and hard work of each NSS cadet – all these achievements would not have been possible without their selfless service. I am truly honored to lead this NSS team.

Thanking you!

Prof. Charmin A Jarsania NSS Coordinator Marwadi University TOGETHER WE MAKE IT HAPPEN

NSS Motto is 'NOT Me But You',
NSS Motto reflects selfless service and appreciation of the other person's point of view





## **DEVELOPMENT THROUGH QUALITY EDUCATION**









It is rightly said that if you educate a single child in a family it changes the life of upcoming generations of that family. Team NSS visits the schools in villages around our college. We not only teach the academics to young minds but also try to imbibe value of the education. Team NSS is working on two mottos; one is to educate rural area school students, and other is getting people aware about the importance of education.

"Education is the Most Powerful weapon which you can use to Change the world"





## **WALL OF HUMANITY**





(Before)

(After)



(Existing)

We opened pure heart and searched for items that are not useful or extra for us and felt for those hardworking human beings around us who work day and night to make to ends meet. The wall of humanity will be open for 365 days to accept extra things that you and your family don't need and will be open 365 days for those who can use them.





## CLEANER AND GREENER RURAL INDIA



We humans have exploited the natural resources so much that few decades from now we would be on the verge of extinction. We here at NSS not just initiate the nature care services but also make sure that they last long.

An initiative to not just plant the trees but also to take care of it on regular basis and to make sure that it is beneficial to the people around it. Cleanliness drives in our country was initiated on a large scale and we as a part of the society, not just clean the campus but also visits the villages around to solve their cleanliness related issue.

We figured it out that a single step to cleanliness is all it takes to make people understand its importance and we were able to successfully prove that we not only be a part of the solution but also promote the cleanliness drive by making people join us and keep the society intact with having a sustainable development with protecting the integrity of each and every aspect of the society.

"Be a part of Solution, not a part of Pollution"

NSS Motto is 'NOT Me But You',
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### **NATIONAL CONFLUENCE 2020! SASAN GIR**



A heart warming experience of the life in jungle was gifted by MEFGI NSS Unit at Bhojade Village of Sasan Gir, Gujarat. The two day camp has been a bundle of life changing experiences. This camp allowed students to witness the serenity, purity and tranquillity. The chirping of the birds began an exciting journey. Yoga sessions in the lap of nature by Prof. Charmin Jarsania, program officer gave all the students an energetic boost. The Visit to the 'Sinh Sadan' and the most awaited 'Jungle safari' has been thrilling experience. The volunteers felt amazed to learn about the Ayurveda and its benefits, wildlife and how life is influenced by the wildlife, lifestyle of the people, their livelihood and their connection with Mother Nature.

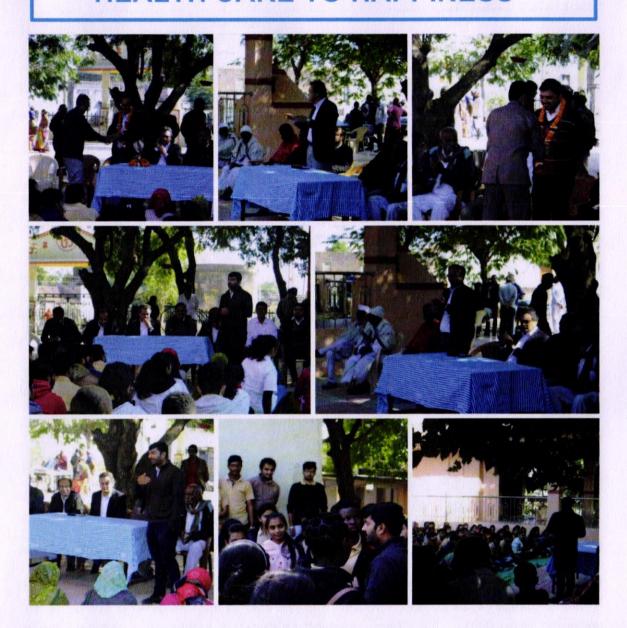
"The Soul Of India Lives In Its Villages." - Mahatma Gandhi

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### **HEALTH CARE TO HAPPINESS**



Knowing about ones physical conditions helps to stay healthy. If one doesn't know about oneself, it can lead to many complications. We felt that it is our mission to make people aware especially in rural areas where we noticed that many people didn't know who don't know even their Blood Group!

Team NSS with the generous support of Physiotherapy and Pharmacy department have conducted Health Check-up at Kagdadi village.

"Happiness increases with better health. We share such happiness through healthcare programs"





### A TOUCH WITH RURAL INHABITANTS



Living in rural setting exposes you to so many marvellous things – the natural world and the particular texture of small town life, and the exhilarating experience of open space

- Susan Orlean

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### **WOMEN EMPOWERMENT**



Take a country or a home, without women it's NOTHING. And development of them plays major roles in many ways. Behind every successful women, there's another strong woman who has their back with them.

Girl volunteers so Team NSS did the same. They had something for the women of slum area. Sanitary napkins are one of the daily needs in a woman's life and shockingly, many of them were not aware of it.

Volunteers provided t hem sanitary napkins, gave them basic knowledge of it, and also taught them how to use and discard them properly . They also got to know why using these napkins are safer for their health.

Thus, strongest and hard working women out there started using them and showed positive responses well. They also learnt importance of cleanliness and good health in routine life.

"There is no tool for development more effective than the empowerment of women"





### **WISDOM ON WHEEL (WOW PROJECT)**



The kids of Rajkot are likely to exclaim 'wow', when they see a specially designed luxury bus 'Wisdom on Wheel' (WOW).

The coach is a luxury bus, equipped with toys, slates, colours, whiteboard, a projector, and a screen, five laptops, a desktop computer, materials for art and crafts, a wash-basin, first-aid kit, and a sanitary napkin vending machine among others.

"The main objective of the WOW project is to develop underprivileged children, here team NSS joint his project with RMC for the development of children and also slum area. The WOW bus visits those areas that were marked to have underprivileged children after a survey was conducted.

Apart from the children, the project also aims to sensitize the children's parents to various issues such as education, health, development of a child, cleanliness and social awareness.

"You can never plan the future by the past."





### **NSS CORNER**

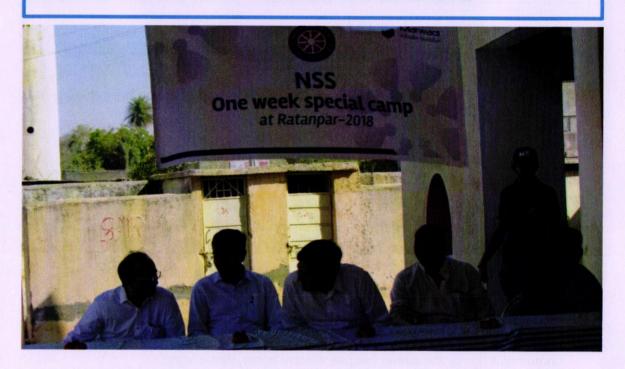


Team NSS has commenced a new initiative termed as 'NSS CORNER'. This initiative is all about expressing ideas, thoughts, problems and solutions about current issues and challenges an individual society (Civic) and the Nation as a whole are facing, by using a tool of oral discussion.





### MY FIRST VILLAGE EXPERIENCE



As the students of Marwadi College most of us are born and brought up in city and many of us have not even seen the village in our life. Well, I was one of them! Who has never visited the village and never stayed in the hostel. I remember that occasion. Once we were collecting the army welfare fund and suddenly one idea sparked in the mind of our NSS program officer and said "Let's arrange one village camp" and without waiting for a second we all said yes and then process began.

For the village camp of one week, we went to Ratanpar which is nearly 5 Km away from our college and at there we got stay in lord Shiva's temple. We have worked on many aspects. We took classes, we did cleaning of village, we made them aware about their blood group, we organized a blood donation camp, our female volunteers had exclusively organised small seminar of women empowerment and many more..

Actually, when we have worked on the ground zero we came to know about how their actual life is. If we didn't go there then we would have seen the villages in videos only!

Except that we have learnt so many things over there which will definitely going to help us in our future. As a team we were blessed by the people of villages and the same thing has inspired us to work more for the nation.

#### **RAJAN BHATT**

Student of Electrical Department Marwadi Education Foundation

NSS Motto is 'NOT Me But You',
NSS Motto reflects selfless service and appreciation of the other person's point of view





### NSS VOLUNTEER'S EXPERIENCE

# There are some of the things that I have learned among many others during my time with NSS:

- 1. **Discipline:** during the camp, they are given a fixed schedule and it requires you to wake up at 5, followed by exercise and so on. Having a routine induces discipline in my day to day life.
- 2. Understanding **ground realities:** living in the comforts of our homes we fail to realize grassroots level problems. Once you get exposed or when you are assigned task which involves physical work you realize it is not as easy as it sounds.
- 3. I learn to work as a team: several teams are formed and assigned different tasks to us or games based on this.
- 4. **Time management:** every task is given a fixed time within which I have to complete it. Tasks and games include sketch, mime, debates etc.
- 5. I get rid of **stage fear**: here, I get a lot of opportunities to perform in stage whether it dances, music or literary.
- 6. Sharing is caring: became a NSS volunteer this attitude is develop on me.
- 7. I have a lot of **fun**: field trips, games, camp fire and other activities make the camp memorable.
- 8. I make a lot of **friends**: last but not the least, working as a team will let i have awesome friends.
- 9. I also get several other benefits like leadership qualities, adjust with limited facilities, game tactics etc.
- 10. I also have done several personality development talks and games.

I've just name a few things. Overall I can assure you that joining NSS is a worthwhile experience.

At last I request all of you to join a NSS and do something for society because study is not at all about future. Be a responsible for a society and country. Do help of each other in society. So NSS is one Platform which done all this things by very systematically. I defiantly say whatever you done for society and NSS nature will give you back with interest. So please join NSS and make yourself and your family feel proud.

Thanking You

Aelish Sanghani 4<sup>th</sup> semester Student Dept of Civil engineering





### **ACCOMPLISHMENT**



The NSS Unit of Marwadi University has always been sincere, hardworking and enthusiastic. The quality of programs has been exceptional and has been applauded from many platforms. Be it social service, rural development, important national or regional drives, or students initiatives. Be it any situation, season or emergency, NSS volunteers have always stood out from the crowd, from putting their efforts and offering a helping hand to the impoverished, From feeding the poor children, educating them, to taking care of helpless animals, NSS has always stood for the society with all its strength.

Thanks to the great efforts and never ending passion of NSS that we have been showered with the award of "BEST NSS UNIT & BEST NSS PROGRAM OFFICER" by GTU Gujarat.

The credit goes to Mr. Charmin Jarsania whose dedication, devotion, positive attitude has motivated and directed all the diligent volunteers who have contributed to the NSS programs with unyielding zeal and enthusiastic strides. The volunteers of NSS has risen every time they were called for!

"There is no magic to achievement it's really about hard work, choices and persistence"

NSS Motto is 'NOT Me But You',

NSS Motto reflects selfless service and appreciation of the other person's point of view





### **Letter of Appreciation**

દેવભાઈ કોરડીયા



યુવા સરપંય શ્રી, કાગદડી ગ્રામ પંચાયત તા. જિલ્લો રાજકોટ, ગુજરાત

dl. 18/02/2020

### શુભેચ્છા સંદેશ

મારવાડી યુનિવર્સિટી ની ટીમ (NSS) નેશનલ સર્વિસ સ્કીમ યુનિટ દ્વારા અમારા કાગદડી ગામ ની અંદર 7 દિવસ ના વિલેજ કેમ્પ સાથે અનેક વિવિધ ગ્રામવિકાસી કર્યો સતત કરવામાં આવે છે એ ખૂબ સરાહનીય છે.

મારવાડી યુનિવર્સિટી ના ટીમ NSS ના પ્રોગ્રામ ઓફિસર પ્રોફેસર યાર્મિન જારસાણીયા અને એમની ટીમ NSS ના સ્વયંસેવકો દ્વારા અમારા ગામ ની અંદર સ્વચ્છ ભારત અભિયાન, વિવિધ હેલ્થ યેકપ કેમ્પો, ટ્રી પ્લાન્ટેશન, મહિલા સશક્તિકરણ, યોગા, કોમ્પ્યુટર નોલેજ અભિયાન થકી આદર્શગામ બનાવવા માટે કાર્યરત છે ત્યારે હું આ ગામના યુવા સરપંયશ્રી તરીકે અમારા ગામને પ્રત્યેક્ષ વિશેષ માર્ગદર્શન આપનારા મારવાડી યુનિવર્સિટી ના પ્રોવોસ્ટ ડો. Y. P. Kosta, રજિસ્ટ્રાર શ્રી નરેશભાઈ જાડેજા, ટીમ NSS ના પ્રોગ્રામ ઓફિસરશ્રી યાર્મિન જારસાણીયા, ફિઝિયોથેરાપી તથા ફાર્મસી ડિપાર્ટમેન્ટ અને સમગ્ર ટીમ NSS ના સ્વયંસેવકો નો ખુબ ખુબ આભાર માનુ છું. અને આવા સદકાર્યો કરવા બદલ ખુબ સારી શુભેચ્છાઓ પાઠવું છું,

પ્રતિ, શ્રી યાર્મિનભાઇ જારસાણીયા NSS પ્રતિનિધિ, મારવાડી યુનિવર્સિટી, રાજકોટ





સરપંચશ્રી કાગદડી ગામ પંચાયત





### કોરોના સંદર્ભેની આગમચેતીના ભાગરૂપે

# સમગ્ર ગુજરાતના NSS વોલન્ટીયર્સ અને ઓફિસર્સની યાદી મંગાવતું





તમામ યુનિવર્સિટીઓના NSS કો-ઓર્ડીનેટર્સ, પ્રોગ્રામ ઓફિસર્સ તથા વોલન્ટીચર્સ રાષ્ટ્રસેવાની ઉત્કૃષ્ટ તકને ઝડપવા તલપાપડ • કુદરતી આફતો સમચે NSS (રાષ્ટ્રીય સેવા યોજના) વિભાગ હંમેશા મદદરૂપ થતો આવ્યો છે.

# મારવાડી કોલેજની સરાહનીય કામગીરીઃ જૂના કપડાં એકત્રીત કરી જરૂરિયાતમંદીને અપાયા



આજકાલ કાર્યાલય

#### રાજકોટ

જરૂરિયાતમંદ લોકોને કપડાંની જરૂરિયાત પુરી પાડવાના નેક ઈરાદશથી મારવાડી કોલેજના વિદ્યાર્થીઓ અને પ્રાધ્યાપકો દ્વારા જૂના કપડાંનું એકત્રીકરણ અને વિતરણનો કાર્યક્રમ સફળતાપૂર્વક હાથ ધરાયો હતો જેમાં કુલ ૬૭ એનએસએસ વિદ્યાર્થી સ્વયંસેવકોએ સક્રિયપણે આ પ્રસંગમાં ભાગ લીધો હતો.

વિદ્યાર્થીઓએ શૈક્ષણિક અને છાત્રાલય વિસ્તારમાંથી ફુલ ૨૩૨૬ જૂના કપડાં બે દિવસમાં એક્ત્રીત કર્યા હતા. સમગ્ર કાર્યક્રમનું સંચાલન પ્રોફેસર રમેશ સગપરિયા, પ્રોફેસર ચાર્મીન જરસાનીયા, પ્રોફેસર વિશાલ સોરઠિયા અને એનએસએસ વિદ્યાર્થી સ્વયંસેવકો ટીમ દ્વારા કરાયું છે.

૩૭ સ્વયંસેવકોએ ઝુંપડપક્રીના વિસ્તાર, વૃઘ્ધાવસ્થા, રતનપુર મંદિર, અનાથાશ્રમમાં કપડાં વિતરણ કાયા હતા. મારવાડી યુનિવર્સિટીના કો-કાઉન્ડર અને વાઈસ ચેરમેન જીતુભાઈ ચંદારાણાએ આ પ્રવૃત્તિને બિરદાવી હતી.



### મારવાડી યુનિટના NSS વિભાગના સ્વયંસેવકો દ્વારા વૃક્ષારોપણ કાર્યક્રમ યોજાયો

મારવાડી કોલેજ ખાતેના NSS યુનિટના સ્વયંસેવકો દ્વારા સમાજસેવાની પ્રવૃતિન્ અવાર–નવાર આયોજન કરવામાં આવે છે. ગત તા.ર૭ જુલાઇ ર૦૧૮ના રોજ રાજકોટ મોરબી હાઈ-વે પર આવેલા સ્તનપર ગામના પ્રવેશ પાસેના રસ્તાની બન્ને બાજ મારવાડી કોલેજના NSSના કાર્યકરો તેમજ સ્થાનિક ખેડતો અને રતનપર ગામના સરપંચની સહકારથી વૃક્ષારોપણ કાર્યક્રમ હાથ ધરવામાં આવેલ હતો. રતનપર ગામના પટાંગણમાં NSS યુનિટના વિદ્યાર્થીઓ દ્વારા ગ્રામજનોને સાથે રાખી ૬૦ વૃક્ષો વાવી અને કરતે પીંજરા ગોઠવવી વૃક્ષારોપણ કરવામાં આવ્યું હતું.





### **NSS Memories**





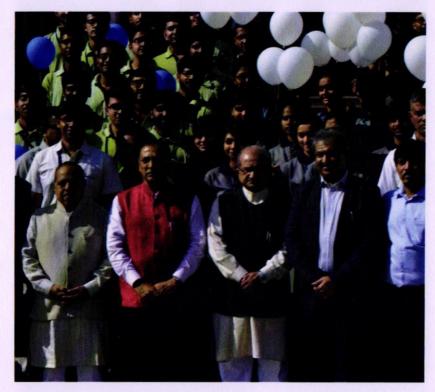






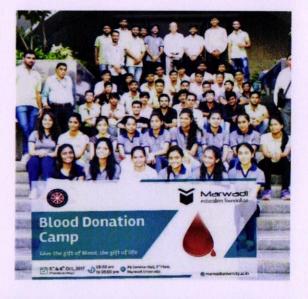




















Discover Yourself at Marwadi University. Scan the QR code to know more. Marwadi Education Foundation's Group of Institutions, Rajkot-Morbi Road, Rajkot 360003.

T: +91 281 7123456 | W: +91 8980030090 E: info@marwadiuniversity.ac.in www.marwadiuniversity.ac.in



7.1.8: Describe the Institutional efforts/initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and other diversities

#### Contents

Any other relevant information



### MARWADI UNIVERSITY

Medical Tie-up with Hospitals

Dt.: 02/04/2015

To,
Mr Urmish Vaishnav,
Asst. Vice President ( PR & Placement ),
Marwadi education,
Rajkot.

Sub: Offer letter the empanelment & corporate tie-up

Respected sir,

As per conversation we would like to apply for the corporate tie-up with your institute. Here by we are sending a brief detail about Hospital as well tariff.

We would like to inform that Amrutaa Hospital will be providing discount of 10% on the hospital bill as well as opd charges on revised rate for the kids of employee of the Marwadi Education – Rajkot.

Kindly revert back.

Thank you

**Amrutaa Hospitals** 



#### **♣** Synopsis:

- A 75 <u>bedded</u> pediatric unit with various range of indoor facility which deals with the exclusive Pediacare.
- 24 bedded Neonatal ICU with most advanced technology and well-qualified doctors.
- A Broad Spectrum work on Neonatology with availability of senior Neonatologist (Dr Rakesh Patel).
- A comprehensive outpatient dept. including <u>well baby clinic</u> and sick baby clinic as well as adolescent & <u>vaccination clinic</u>.
- Associated pediatric super specialty clinic dealing with <u>Pediatric cardiology</u>, <u>pediatric orthopedics</u>, <u>Endocrinology</u>, <u>pediatric neurology</u> and <u>Nephrology</u>.
- Easily accessible from Airport/Railway station/Bus station as well highlighted on the fastest developing area of the city.!
- Attractive <u>Gaming zone</u> with baby friendly environment to ease the stress of parents & for effective treatment.
- Neat & clean Hygienic atmosphere.
- In house Laboratory, Radiology & pharmacy.

#### Vision:

"To provide Ethical and Comprehensive care in a most Reliable and Harmonious way with the touch of Humanity"

#### 'Service to Man is service to God'

- Believing in this, Amrutaa hospital is providing the personal care to the patient in a baby friendly culture with the provision of Expertise care.
- > Provision of further expansion in other cities in near future.

#### **▲** Markers:

- The largest setup among the region dealing with the Pediatric and Neonatal care only.
- Round the clock availability of Pediatrician (24x7)
- Association of Super specialty Hospital
  - i.e. Narayana Hrudayalaya.
- More than 60% occupancy.
- Satisfied Parents and well being babies.

#### Contact Details:

Amrutaa Hospital , 150 ft. ring road, Nr. Raiya circle , Rajkot. 0281-2588812/13

www.amrutahospitals.com

### **AMRUTAA HOSPITAL (TARIFF LIST)**

### **OPD REGISTRATION:**

 1. NEW CASE
 400/- Rs.

 2. OLD CASE
 200/- Rs.

 3. CASE RENEWAL
 300/- Rs.

 4. EMERGENCY NIGHT
 600/- Rs.

#### > NOTE:

1. NEW CASE IS CARRYING FORWARDED FOR **3 MONTHS** OF REGISTRATION ONLY, AFTER THAT CASE RENEWAL CHARGES IS APPLIED.

### IPD DEPT.:

CATAGORY	BED CHARGES/DAY	DOCTOR'S VISIT	RMO & NURSING	TOTAL
GENERAL ROOM (TRIPPLE SHARING)	1000	1000	500	2500
TWIN SHARING	1600	1000	500	3100
SPECIAL ROOM	2100	1000	500	3600
DELUXE ROOM	3100	1000	500	4200
SUITE	3500	1000	500	5000
NICU	2200	1000	500	3700
PICU	3500	1000	500	5000

### AMRUTAA HOSPITAL (TARIFF LIST)

EXTRA ADITIONAL EQUIPMENT OR PROCEDURE CHARGES / DAY OR UNIT :

1. OXYGEN 500/-2. NEBULISER 50/-3. R.B.S. (glucometer) 50/-

4. PHOTOTHERAPY
SINGLE SURFACE 600/DOUBLE SURFACE 1000/-

5. VENTILATOR 3000/6. HIGH FREQUNCY VENTI. 5500/-

7. X RAY 500/-8. SONOGRAPHY 600/-9. 2D ECHO 1500/-

10. PROCEDURE AS DIRECTED BY CONSULTANT



To, Registrar, Marwadi University, Rajkot.

Sub: Offer letter for the Empanelment & Tie-up

#### Respected Sir,

As per conversation with Social Welfare Committee of Marwadi University, we would like to offer tie-up with your institute. Hereby we are sending a brief detail about Clinic as well as discount tariff.

We would like to inform that Arham Multispeciality Physiotherapy Center is situated at 114, Nakshtra 5, Opp. Raj Palace, Sadhuvaswani Road, Rajkot. We will be offering health services at discounted rates to Students and Employees and their family members (parents, spouse & their children) of Marwadi University as well as Marwadi Shares and Finance Services. Dr Vaibhavi Shah, owner of the clinic is Master in Physiotherapy (Ortho & Sports), with fellowship and superspecialization in Antenatal and Postnatal (Women's Health) Physiotherapy. She holds degree in Nutrition & Health Education.

We would like to offer following privileges to your students and employees.

Sr. No.	Particulars	Discount offered
1	OPD consultation Charges	100%
2	OPD session/treatment charges	10% per sitting
3	Antenatal – Postnatal physiotherapy sessions	15% per sitting
4	Fitness training	15% per sitting
	Purchase of orthotics and external appliances like knee caps, tennis elbow supports, sticks, walkers, electric heat packs and cold packs etc	20%



Multi Speciality Physiotherapy & Wellness Center

Preventive Health Awareness Camps and Sessions (Bone Mineral Densitometry Test, Blood Sugar/ Blood Pressure Measurement, Fat Monitoring with BMI test, Sessions or Informative Lectures like ergonomics, fitness, lifestyle, nutrition etc...)

100% for students and staff and other beneficiaries at mutual convenience of time and place.

We assure you that your clients will be given prioritize care and satisfactory treatment. Kindly do the needful.

Your acceptance/approval will be appreciable.

Thanking you.

#### **Special Considerations**

 Photo identity proof and official institutional ID card copy will be must for availing above privileges.

With regards,

Dr. Vaibhavi Ved,

M.P.T. (Ortho & Sports), MIAP, DNHE

Certified Antenatal/Postnatal Therapist

Arham Multispeciality Physiotherapy Center, Rajkot

Mobile No. - 9428054260

Topload in Emp. 100



## CITY DENTAL HOSPITAL

Virani Chowk, Riddhi Siddhi Complex, Rajkot Ph. 0281 - 2480155 M - 94282 - 25282 www.rajkotdentist.com

Date ...

#### MEMORANDUM OF UNDERSTANDING

This Memorandum of Understanding (hereinafter referred to as "MOU") is made and entered into between the MARWADI UNIVERSITY, whose address is RAJKOT-MORBI ROAD RAJKOT- 360 003 GUJARAT, INDIA and CITY DENTAL HOSPITA, whose address is 1<sup>ST</sup> FLOOR VIRANI CHOWK, VIDYANAGAR MAIN ROAD & COMMISONOR BUNGLOW ROAD CORNER, RAJKOT- 360 002, GUJARAT.

The purpose of this MOU is to establish the terms and conditions under which CITY DENTAL HOSPITAL will provide PRIVILEGE services to the EMPLOYYES OF MARWADI UNIVERSITY in case of requirement.

### **Privilege Services:**

- 1. Checkup free.
- 2. 50% Discount on X-ray.
- 3. 5% Discount on all treatment.
- We are offering this privilege services for FIVE YEARS (services valid till 31/12/2025).
- To book an appointment you can contact on +91 9428225282.
- To receive tips to maintain dental hygiene please save +91 8100042000 and send WhatsApp message "YES" on same number.

#### **Special Terms:**

- We are offering these Privilege Services to employee of MARWADI UNIVERSITY and to their family.
- To get benefit of this services please visit CITY DENTAL HOSPITAL with your employee card and in case of if family member needs to use this services employee has to be present with employee card with family member.

Either party may request changes to this MOU. Any changes, modifications, revisions or amendments to this MOU which are mutually agreed upon by and between the parties to this MOU shall be incorporated by written instrument, and effective when executed and signed by all parties to this MOU.

The effective date of this MOU is the date of the signature last affixed to this page.

For, CITY DENTAL HOSPITAL

For, MARWADI UNIVE

CITY DENTAL PVT. LTD. 22 12 7070 Date

Date

Dr. Rashmi Jasani (BDS) (CCOO, Delhi) C. Orthodontist (Delhi) Dr. Anand Jasani (8DS CCOS Deni

implentingst Borday

Circulation



To, Registrar, Marvadi University, Rajkot,

# <u>Subject: Empanelment of Genesis Multispeciality Hospital, Rajkot for IPD & OPD services</u>

Respected Sir,

Genesis Multispeciality Hospital, Rajkot is 50 bedded Multispeciality Hospital at Off. Raiya Road, Opp. Paradise Hall, Nr. Bapasitaram Chowk, Rajkot. We are having qualified and experience team of doctors as per details given below.

NO.	DR NAME	SPECIALITY
1	DR ARCHIT RATHOD (MD,DFID)	CONSULTANT PHYSICIAN AND CRITICAL CARE SPECIALIST
2	DR JAYANT MEHTA (MD,FCCS)	CONSULTANT PHYSICIAN AND CRITICAL CARE SPECIALIST
3	DR PRATAP DODIYA (MS,FMAS)	CONSULTANT GENERAL & LAPAROSCOPIC SURGEON
4	DR DARSHAN BHATT (MS,ENT)	CONSULTANT OTONEUROLOGIST & ENT SURGEON)
5	DR PARTH PATEL (M.B.,D.ORTHO)	CONSULTANT ORTHOPEDIC & TRAUMA SURGEON

Genesis Mula peciality Hospital, Chandan Park Main Road, Bapa Sitaram Chowk, Onp. Nakshatra 7 Building, Raiya Road, Rajkot.



We have following department at our hospital.

- Laparoscopic and General Surgery,
- · Internal medicine,
- Critical care,
- · Trauma,
- · Orthopedic- Joint Replacement,
- ENT, Vertigo,
- Supported by pathology and X-Ray, USG, TMT, services.
- 24\*7 Emergency services

### **Hospitalization Services**

**Exclusive desk** for TPA beneficiaries to facilitate smooth claim management and other processing.

### **OPD Services**

We are ready offer

- 25% flat discount on OPD Services & 10% on Pharmacy & 10% on Pathology
   & Investigation except out sourced services.
- These services will be available on cash basis only.
- ID card of Marvadi University is must for availing above discount.

Genesis A Carciality Hospital, Chandan Park Main Road, Espa Sitarom Chowk, Opp. Nakshatra 7 Building, Calya Road, Rajkot.



### **Admission Services**

- 10% flat discount on Admission Service & 10% Pharmacy & 10% Pathology & Investigation except out sourced services.
- These services will be available on cash basis.
- ID card of Marvadi University/Authorization letter of Marvadi University is: must within 24 hours of admission for availing discount.

In case of emergency you can call +91 7574000508/09 for availability ambulance.

We anticipate this offer should prove to be a strong foundation for our long lasting and mutually rewarding relationship. Letter of acceptance/approval from your side would be highly appreciated for above services. For any query or clarification, you may get in touch with Mr. Sumit Tankareeya on 09898651286 or gmh.rajkot@gmail.com.

Thanking You

Director

Director

Dr. Darshan Bhatt

Darshem Brutt

Director

handan Park Ivlain Road,

Gapa Sitaram Chowk, Opp. Nakshatra 7 Building,

Raiva Road, Rajkot.



### MEMORANDUM OF UNDERSTANDING

THIS AGREEMENT is made at Rajkot this Monday of 28 December 2020 between M/s. Shree Giriraj Multispeciality Hospital and having its registered office at 27, Navjyot Park Main Road, 150 Feet Ring Road, Rajkot (Gujarat) (India) here in after referred to as the party of the first part and M/s. Marwadi Education Foundataion and having its registered office at Rajkot (Gujarat) (India) hereinafter referred to as the party of the second part.

WHEREAS the party of the first part is a Multispeciality Hospital.

AND WHEREAS the party of the second is a registered company dealing in **Education**.

WHEREAS the party of the first part is desirous of providing their medical services to the staff of the party of the second part and the party of the second part are also desirous availing the services of the party of the first part for their staff, family, student members. And whereas both the parties have agreed to providing and availing the aforementioned services subject to the terms and conditions set out here under:-

### NOW THIS AGREEMENT WITNESSES as follows:-

1. That the party of the first shall provide medical services which are available at the actual time of availment by the party of the second part. This agreement shall also extend to new services and medical facilities that are developed in the future.



- 2. That all the services provided by the party of the first part shall depend on the availability of beds in the Hospital.
- 3. That the party of the first part shall offer discounts as mentioned here in under to the staff of the party of the second part:-

1.	On OPD Services	20%
2.	On OPD Investigation	15%
3.	On IPD Visit charges	10%
4.	On IPD Investigation	10%
5.	On IPD Bed Side Procedure	10%
6.	On IPD OPD Operative Charges	10%
7.	On OPD IPD Pharmacy Charges	10%
8.	On Standard Health Check-up Package	05%

- 4. That the period of the agreement shall end on 27 December 2021.
- 5. That the party of the second part shall send request in writing at the time of admission of the patient, being the staff member of the party of the second part as mutually agreed between both the parties.
- 6. Any conflicts arising between the parties to this agreement shall be subject to Rajkot, Gujarat Jurisdiction.
- 7. Each of the parties here to shall be deemed to include its successors of permitted assigns.



IN WITNESS WHEREOF the parties have put their respective seals the day and year first here in above.

(Shri Dr. Umeshgiri Aparnathi)

For and on behalf of M/s. Shree Giriraj Multispeciality Hospital, Rajkot (Shri Somal PUNTANI )

For and on behalf of M/s.Marwadi Education Foundataion, Rajkot

### ANNEXURE - 2

### **OUR CONTACT DETAILS**

### To refer patient

1.	Sandip Parmar (Business Development)	+91 99099 71142
2.	Hemant Joshi	+91 99252 29782
3.	OPD Number (for appointment)	02817151200/01/02
4.	Emergency Room Number	9909971117
5.	Emergency Doctor Assistant	7600075175

#### **Contact for Assistance**

1. Chhaya 9727799081

Email Id hcd@shreegirirajhospital.com

### For TPA Assistance

1. TPA Desk 0281 7151209

### For Billing and Account related Assistance

1. Mr.Nilesh Vekaria 9909971124

2. Email ID <u>accounts@shreegirirajhospital.com</u>



(Managed by : Gokulam Lifescience Private Limited)

27th May, 2019

TO,
Registrar
Marwadi University
P.O.Gauridad
Rajkot Morbi Highway
RAJKOT

### SUB: Tieup with Gokul Hospital, Kuvadava Road, Rajkot

Greetings from Gokul Hospital Kuvadava Road Rajkot.

Gokul hospital is located on Kuvadava Road, Rajkot where we are providing healthcare facilities of international standards. We are in position to provide best tertiary care in this area with 75 bedded capacity which includes 19 beds for ICU & ICCU with of ultra modern instrumentation and equipment. We have class 100 level Operation Theater with all ultra modern equipment for better & speedy/accurate surgery of patients.

**Our Mission:** To bring healthcare of international standard within reach of every individual, we are committed to the achivement and maintenance of excellence in medical education, research and healthcare for the benefit of humanity.

Our Vision: To make available the best healthcare practices with academic excellance to the public at a large of Saurashtra & Kutch region, affording ease of access

We have following super specilities. Usual OPD timings are 9.00am to 1.00pm & 4.00pm to 7.00pm. They are available 24 X 7 in case of any medical emergency.

Anesthesiology	Neurology & Neuro Surgery
Cardiology	Pathology
Critical Care	Pharmacy
Facio Maxiliry Surgery	Psychitraty
Gastroentrology	Pulomonogy
General & LaproscopicSurgery	Radiology
Joint Replacement	Spine Surgery
Orthopedic & Trauma Surgery	Ambulance Services

In addition to above in case of any medical emergency we are having Ambulance Services which runs 24X7. You can contact our emergency helpline number 7900 108 108.

Marwadi University is a prestigious Organization . Therefore, we wish to have a medical tie up on Discounted rates (details given below)to handle all your tertiary care treatments for the employees of your Organization

Sr. No.	<u>Details</u>	Discount	Remarks
1.	OPD Consultation Fee	25% Discount	In house full time consultants only.
2.	Investigations in Pathology & Radiology(In House)	10% Discount	OPD and IPD patients
3.	IPD Patients	10% Discount	IPD Cash patient only & Only on room rent (Does not include Insured Patients)
4.	Cashless / TPA / Mediclaim Holders	No Discount	100% charges applicable and payable
5	Outside consultant visit / procedure charges	No Discount	100% charges applicable and payable
6.	Pharmacy	10% Discount	In house Pharmacy.

"Prevention is better than cure" and we at Gokul Hospital truly believe in it. So, with addition to the above facilities, we also offer you annual Health checkup at best rates possible from us. A team of Super specialist Doctors will keep you updated by delivering lectures on various Health related subjects. We firmly believe that upgrading knowledge will lead us to offer better and Healthy life to society.

Please feel free to get in touch with us on 9824035708 or Email ID- urmish.vaishnav@gokulamlifescience.in on so that we can discuss further on this subject.

KULAN

Looking forward for your positive reply,

With Regards,

Urmish Vaishnav

Group Vice President(Marketing)

**Gokul Hospital** 

Kuvadava Road

Rajkot.

For Circulation

### Dr. Dharmesh Bhadja

M.D. (Hom.) Homeopathic Consultant **(**) 083474 373 77 ☑ dr.dharmesh.bhadja@gmail.com Mor - 9:30 to 1:00, Eve - 4:30 to 8:30



### Dr. Reshma Bhadja

M.D. Paeds (Hom.) Paediatric Consultant 083474 373 79

 □ reshma.homoeopath@gmail.com Mor - 9:30 to 1:00, Eve - 4:30 to 7:00

04th January 2019

To.

Registrar,

Marwadi University, Rajkot.

Subject: Offer letter for the Empanelment & tie-up

Respected Sir,

As per conversation with Social Welfare Committee of Marwadi University, we would like to offer tie-up with your institute.

Dr. Bhadja's Homeopathy is the shape of untiring zeal to work for society, Excellency of homeopathic science and holistic attitude to achieve health for all by 2050. Dr. Dharmesh & Dr. Reshma Bhadja have founded this first step of their life mission after achieving highest education from Center of excellence awarded Institute, Mumbai. Within short span Dr. Bhadja's Homeopathy expands its horizon not only in whole continent but outside India too like Mansfield (UK), Canada and Australia. We would love to define us as server to society, healthy society in all form. Inspiring Health with Homeopathy.

We are proud to say that we are the Advanced Paperless Homeopathic Clinic with online appointment management system and very soon about to launch own Android Application.

We will be offering health services at discounted rates to all students and staff members of Marwadi University. We will offer 30% discount on first consultation. Students and staff need to have their official ID card while visit.

The aforesaid privileges may periodically revise on mutual agreement of both the parties.

> Dr. Dharmesh A. Bhadia BHMS MD Reg No. G9774

> > Mo: 83474 37377

With regards,

Dr. Dharmesh Bhadja, G-9774 Homeopathic Consultant<sub>M.D.</sub> (Organon of Medicine), B.H.M.S. www.drbhadjashomeopathy.com

DR. BHADJA'S HOMEOPATHIC CLINIC



### MEMORANDUM OF UNDERSTANDING

This memorandum is made on 27/03/2021

#### Between

Nebula Orthosys, FF Office-3, Narmada Park, Soc.3, Amin Marg, Vidyakunj Society main road, Rajkot-360005, Gujarat

And

Faculty of Physiotherapy, Marwadi University, Rajkot-Gujarat 360003 (Managed by Marwadi **Education Foundation, Rajkot)** 

#### Terms & Conditions Of MOU:

- 1) As mutually agreed, We Nebula Orthosys, Rajkot will offer 10% discount on our MRP to all the patients which will be referred by Faculty of Physiotherapy, Marwadi University, Rajkot.
- This MOU is valid for one Year (i.e., 01/04/2021 to 31/03/2022)
- 3) Every year this MOU will be renewed.

**NEBULA ORTHOSYS** 

(Sign & Stamp)

Director

Nebula Orthosys,

Rajkot

(Sign & Stamp) Principal

Faculty of Physiotherapy, Marwadi University,

Rajkot



Date :- 07/12/2018

To Marwadi Group University and Shares & Finance division Rajkot.

#### Sub :- Proposal for providing medical diagnostic services

Respected Sir / Madam,

As per conversation with Mr. Ashish Revar, member of Social Welfare Committee of Marwadi University, we would like to take this opportunity to introduce our diagnostic center, Neo Diagnostics, a private medical diagnostic services provider in Rajkot. We provide complete diagnostic solutions in field of radiology and pathology.

In radiology we have 1.5 Tesla MRI, 32 Slice CT scan, high end ultrasonography, direct digital OPG, mammography and X-Ray. In pathology we have all latest and automatic equipments to provide accurate result of all laboratory tests. We also offer preventive health check-up packages comprising of pathological and radiological tests.

Below mentioned table provides brief description of our diagnostic facilities

Modality	Description
MRI	MRI stands for Magnectic Resonance Imaging. Commonly asked by doctors for detailed evaluation and identification of diseases into brain, spine, joints (knee, shoulder, ankle etc.), abdomen, pelvis and other parts of body.
CT scan	CT stands for Computed Tomography. With CT scan we can scan every part of body as needed by doctor. Scanning is very fast. Commonly asked by doctors in various conditions like trauma, chest diseases, abdominal diseases, cancer, complex fractures and many others.



Ultrasonography	Widely requested by doctors because it is radiation free and cheaper compared to MRI and CT scan. Beside abdomen scanning for which it is most commonly used we can also do ultrasonography of neck, breast, joints, eye, blood vesels (Doppler) and chest to identify various diseases.
Mammography	For early identification of breast cancer and evaluation of other diseases of breast
OPG	OPG stands for orthopantomogram. It gives x-ray of all teeths in one film and used for various dental diseases.
X-ray	Widely used for disease of chest and bones.
Pathology Laboratory	Our pathology laboratory has all major machines for performing wide array of pathological tests. Besides common blood tests like complete blood count (CBC), diabetes profile, thyroid tests, lipid profile, we also perform advance tests like hormone levels, tumor markers, fluid examination etc.  We can also test urine, stool, body fluids in addition to blood.  Our team of expert pathologists also perform histopathological examination of biopsy specimens, bone marrow aspiration and biopsy.

We have an experienced and specialized team of professionals who work in accordance.

It is in this respect that we would like to extend our interest in forming a partnership with your company. We take this opportunity to submit a proposal from our end to cater the diagnostic needs of members of your company in the most effective manner. We would be happy to provide flat 15 % discount on price of all our tests to students and staff members of Marwadi University as well as staff members of Marwadi Shares and Finance Services and their first degree relatives (parents, spouse and children).

Thank you very much, and we hope to receive your favourable response soon.

(UNIT O

sincerely,

ajnagar chowk

Nana mava main road, Rajkot.

Managed By: KTK Radpath Pvt. Ltd. CIN NO: U85100GJ2017PTC097338

### Dr. Mayur Makasana (Patel)

MD Medicine, DNB Nephrology Consultant nephrologist and kidney transplant physician

Mobile: 8376093214

Email: drmayurmakasana1409@gmail.com

Patient Name :			_
UHID NO To,	Age :	Gender : M 🗆 F 🔘 Date :	
Registar,			

Marwadi University, Rajkot

Sub: Offer letter for the Empanelment & Tie-up

Respected Sir,

As per conversation with social welfare committee of Marwadi University, we would like to offer tie-up with your institute. We would like to inform that NEPHRON KIDNEY HOSPITAL is situated at 3<sup>RD</sup> floor, unique hospital, 25 new jagnath, astron chok, Rajkot. we will be offering Health services at discounted rates to students, employees and their family members (parents, spouse and their children) of Marwadi University.

We would like to offer following privileges to your students and Employees.

Sr.No.	Particulars	Discount offers
1	OPD consultation charges(For all kidney related problems – 1 <sup>st</sup> consultation )	30 % off
2	For camp	Free consultation
3	Dialysis catheter insertion	Flat 30% off
4	Kidney biopsy	Flat 30% off
5	Hemodialysis charges	Flat 20% off

We assure you that your clients will be given prioritize care and satisfactory treatment.

Kindly do needful

Your acceptance /approval will be appreciable.

Thanking you,

**Special Considerations** 

Photo identity proof and official institutional ID card copy will be must for availing above privileges. With Regards,

For circulation

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CIN: U85110GJ1996PTC030525

### **NETRADEEP** EYE HOSPITAL PVT. LTD.

#### **COMPREHENSIVE EYE CARE & LASER CENTRE**

Kanak Road, B/h. Bus Stand, and Bhutkhana, Rajkot. Ph.: +91-281-2225190 2239270, Fax: +91-0281-2239270 E-mail: info@netradeepeyehospital.com



Dr. V. V. Sapovadia (M. S. Ophth.)

#### SERVICE AGREEMENT

PARTY 1- A NETRADEEP EYE HOSPITAL PVT. LTD.

Kanak road.

B/H. S.T. Bus Station, and Bhutkhana,

**RAJKOT-1** 

Phone No.: 0281-2225190, 2239270

PARTY 1-B NETRADEEP EYE HOSPITAL PVT. LTD.

SATELLITE CENTRE OF NETRADEEP HOSPITAL

2<sup>nd</sup> floor, Harbhole Arcade, Nr. HP petrol pump,

University Road, Rajkot-5. Phone No.: - 0281-2581474

PARTY 1-C NETRADEEP EYE HOSPITAL PVT. LTD.

OUTREACH CENTER OF NETRADEEP HOSPITAL

4th floor, Silver Mount, Opp. G.B. complex, Pedak road,

Rajkot-3.

Phone No: - 0281-2701791

PARTY-2 MARWADI EDUCATION FOUNDATION

Rajkot-Morbi Road, At & PO: Gauridad, Rajkot-3.

Phone No: - 0281-2923112, 2924155/56



### **NETRADEEP EYE HOSPITAL PVT. LTD.**

### **COMPREHENSIVE EYE CARE & LASER CENTRE**

Kanak Road, B/h. Bus Stand, and Bhutkhana, Rajkot. Ph.: +91-281-2225190 2239270, Fax: +91-0281-2239270 E-mail: info@netradeepeyehospital.com



Dr. V. V. Sapovadia

# SERVICE AGREEMENT TERMS & CONDITIONS

- 1) This service agreement as memorandum of understanding is reached between above mentioned parties as on Date;- 1 /oz/2018
- 2) As per the agreement second party will refer all their employees & students to the first party for any of their need of Eye care services.
- In turn the first party will serve the need of Eye care services of the employee or a member of second party to their satisfaction.
- The first party will provide a discount of 20% on consultation charges and 10% on Operation Charges.
- 5) Any other promotional offers will not be applicable with this offer.
- 6) Discount will be offered on the applicable charges of the respective network hospitals.
- 7) Applicable rates for OPD & IPD services may change without prior intimation.
- 8) All the benefits will be passed over to the employees or members including their family members (Parents, Spouse & Children) only if the employee's Identity card and other necessary verification documents which proves relationship is produced to the hospital authority.
- All this benefit will be passed over only on case to case basis.
- 10) Patients are attended only during defined OPD hours, and there is no discount on emergency or medico legal cases.
- 11) Charges for complicated surgery and traumatic surgery will depend on the case and as per the advice of treating consultant.
- 12) No discounts will be applicable to the outsourced services like Medicines, laboratory, anesthesia, and radiology etc.
- 13) No discounts will be given to the patients who are having benefits of Medical Insurance facilities.
- 14) Any doubt, objections or discrepancies will be resolved on friendly basis across the table.
- 15) This agreement is valid for Three years and subject to renewal after Three years. Any party can terminate the agreement after giving one month prior notice period.

Party 1

Party 2

NETRADEEP EYE HOSPITAL PVT LTD.

MARWADI EDUCATION FOUNDATION

Authorized Signatory

tradeep Eye Hospital Pvt. Lto.

Designation Director

Authorized Sign

Designation

Page 2 of 2

'9th May 2019

To, Registrar, Marwadi University, Rajkot.

Sub: Offer letter for the Empanelment & tie-up

Respected Sir,

As per the conversation with Social Welfare Committee of Marwadi University, we would like to offer tie-up with your institute. Hereby we are sending a brief detail about **Orthoplus Speciality Hospital** as well as privileges offered by us.

We would like to inform that Orthoplus Speciality Hospital is situated at 3<sup>rd</sup> Floor, Prasang Complex, KKV Hall, 150 Ring Road, Rajkot. We will be offering health services at discounted rates to all students and staff members (including their spouse, children, and parents – first relative only) of Marwadi University and Marwadi Shares and Finance Limited, Rajkot. Orthoplus Hospital is a team comprises Dr. Pareen Kantesaria (Joint Replacement Surgeon), Dr. Harshil Parekh (Consultant Hand and Microvascular Surgeon), Dr. Chintan Vadi (Arthroscopy & Sports Medicine Specialist) and Dr. Dharmesh Patel (Consultant Spine surgeon).

Orthoplus will be providing health services at discounted rates to Marwadi Family. We are pleased to offer a 20% discount on OPD and 10% discount on all indoor health services.

The official ID card will be needed to avail aforesaid privileges.

With regards,

Administrative Officer,
Orthoplus Speciality Hospital,

Rajkot.





gen cérculalem



## Dr. Hiren Babariya

(Prosthetist & Orthotist - Gold Medalist)
Cosmetic Restoration &
Neuro-orthotic Specialist
RCI No. A45026

**Prosthetics - Orthotics & Cosmetic Restoration Clinic** 

11th January 2019

To, Registrar, Marwadi University, Rajkot.

Sub: Offer letter for the Empanelment & tie-up Respected Sir,

As per the conversation with Social Welfare Committee of Marwadi University, we would like to offer tie-up with your institute. Hereby we are sending a brief detail about Hospital as well as for tariffs.

We would like to inform that Inspire Health Care(Hi-Tech Artificial Limb Centre) is situated at 304, Arihant Plaza, Subhash Road, Moti Tanki Chowk, Rajkot. We will be offering health services at discounted rates to all students and staff members (including their spouse, children, and parents – first relative only) of Marwadi University and Marwadi Shares and Finance Limited, Rajkot. Dr. Hiren Babaria, Prosthetist & Orthotist, will be providing health services at discounted rates as stated below.

Sr. No.	Particulars	Privileges
1	Consulting charges	No Charges
2	Computerized 3D scanning for foot problems	No Charges
3	<ul> <li>Customized orthotic insole</li> <li>Specialized diabetic footwear</li> <li>Postoperative fracture bracing</li> <li>An orthosis for congenital deformities</li> <li>Pressure garments &amp; silicone scar gel care treatment for burns, lymphedema, varicose vein etc.</li> </ul>	10%
4	<ul> <li>Hi-Tech artificial limbs (leg &amp; hands)</li> <li>Silicone cosmetic prosthesis(ear, nose, finger, partial foot etc.)</li> </ul>	5%
5	Osteoarthritic knee brace	20%

The official ID card will be needed to avail aforesaid privileges.

for circulation

With regards,
Dr. Hiren Babaria,
Prosthetist & Orthotist (Gold medalist)
RCI No. A45026,
Inspire Health Care, Rajkot.



Dr. Chetan Lalseta M.D. (Skin & V.D.)

Dermatologist & Cosmetologist

Reg. No. : G 30150

Dr. Milly Lalseta

B.H.M.S., PGDCC Consultant Homoeopath Certified in Cosmetology

Reg. No.: G 6472



To. The Registrar, Marwadi University, **RAJKOT** 

Dt: 08/01/2019

Subject: Offer letter for the Empanelment & Tie up.

Respected Sir,

As per Conversation with Social Welfare Committee of Marwadi University, We would like to offer tie up with your institute. Hereby We are sending a brief details about our hospital and services as well as discount tariff.

We would like to inform that SHRADDHA HOSPITAL is Situated at 1, JAGGANATH CHOWK, NEAR SHREE GIRIRAJ MULTISPECIALITY HOSPITAL, 150 FT RING ROAD, RAJKOT 05.

We have DERMATOLOGY AND COSMETOLOGY DEPARTMENT and HOMOEOPATHY DEPARTMENT to offer our services to all Students , Teaching staffs and their First degree Family members of MARWADI UNIVERSITY.

We deal in Diagnosis & Treatment of all types of Skin disorders and all types of Cosmetic treatments including LASER HAIR REMOVAL, TREATMENT FOR ACNE AND ACNE SCARS, CHEMICAL PEELING, HAIR REGROWTH TREATMENTS, TATOO REMOVAL, SKIN TIGHTENINGTREATENTS, FACE ANALYSIS, ANTIAGING TREATMENTS AND TREATMENTS FOR VITILIGO AND PSORIASIS THRO LASER AND MANY MORE.....

We also have HOMOEOPATHIC DEPARTMENT dealing with all Chronic Illness with proven results since last 18 years.

We would offer 20% Discount in all our Consultations AND 10 % Discount in all type of Cosmetic and Laser treatments to all concerned with Marwadi University.

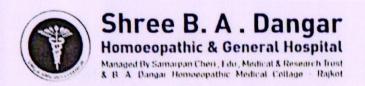
Thanks and Regards

Dr Chetan lalseta

**Dermatologist & Cosmetologist** 

09825199585





 Opp. IOC Depot, Jamnagar Road, Rajkot - 3600006

O 0281 - 2475676

Ernail: badhmchospital@gmail.com

Date:	1	1	
Ref. No. :			

To,

The Management, Marwadi University Rajkot.

Subject: ASSOCIATION WITH YOUR INSTITUTE FOR PROVIDING MEDICAL SERVICES WITH SPECIAL DISCOUNT PACKAGES.

Respected Sir,

In Context to our previous communication regarding association of providing medical facilities for your students and staff members at SHRI B.A.DANGAR GENERAL HOSPITAL, RAJKOT. We hereby offer you special discount packages as under,

### 1) CONSULATION CHARGE - RS. 100/- ONLY

- Medicine Department (Physician/Cardiologist/Diabetologist)
- Orthopedic Department
- General Surgery Department
- Obst & Gyenc Department
- 2) Pathology Department 20% Discount on all investigations
- 3) Pharmacy Department 10% Discount on all medicine and Surgical items.
- 4) IPD(INDOOR DEPARTMENT), I.C.U., Procedures, Admissions, Minor and Major Operations, Room Charges, Nursing charges, Doctor visits etc. 10% Discount of the total hospital bill.

Please feel free to call on +91 981 981 1931 (Admin.Department) for any further clarifications. Looking forward to have a long term association with your esteemed institute. Assuring you of the best services.

Thanking you,

Regards,

MR.AATMAN MEHTA CAMPUS DIRECTOR +91- 9637211111





To,

Registar, Marwadi University, Rajkot

Sub:Offer letter for the Empanelment & Tie-up

Respected Sir,

As per conversation with social welfare committee of Marwadi University, we would like to offer tie-up with your institute. We would like to inform that SPARSH SKIN CLINIC is situated at Pushkardham main road,1st floor of sivalik 1,obove SBI ATM,near BT Svani kidney Hospital,Rajkot. We will be offering Health services at discounted rates to students, employees and their family members( parents, spouse and their children) of Marwadi University.

We would like to offer following privileges to your students and Employees.

Sr.No.	Particulars	Discount offers
1	OPD consultation charges(skin, hair diseases)	100/-
2	For camp	Free consultation
3	Permanent laser Hair Removal(by Diode Laser machine)	Flat 50% off
4	PRP for Hair falling, hair thinning, alopecia, Baldness	Flat 40% off
5	PRP for Facial Rejuvenation	Flat 40% off
6	Dermaroller treatment for Acne scar	Flat 40% off
7	Carbon Peel, Laser Facial , Laser Bleach	Flat 50% off
8	Mole, Wart, Skin Tag removal	Flat 20% off
9	Tattoo Removal	Flat 20% off
10	Skin polishing, Medicated facial	Flat 25% off
11	Chemical peeling	Flat 25% off
12	NBUVB Phototherapy	Flat 25% off

We assure you that your clients will be given prioritize care and satisfactory treatment.

Kindly do needful

Your acceptance /approval will be appreciable.

Thanking you,

**Special Considerations** 

Photo identity proof and official institutional ID card copy will be must for availing above privage MAKAC. CRAN With Regards,

With Regards,

BAMS, MD AM, CSD PGDMC. CRAN BAMS, MD AM, CSD PGDMC. CRAN BAMS, MD AM, CSD PGDMC.

AMS,MD AM,CSD PGDMC, CKA, AMS,MD AM,CSD PGDMC, CKA, Consultant Dermatologist Cosmatologist REG. NO.: 17269

Dr. Angel Makasana (Patel)

BAMS, CRAV (Skin Disease) PGDMC (Apollo Hospital, Delhi) CSD

Reg. no. GBI-17269

Dr. Mayur Makasana (Patel)

MD Medicine, DNB Nephrology Consultant nephrologist and kidney transplant physician Call : 83760 93214





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Date: 2 October, 2012

To, The Head- Administration, Marwadi Education Foundation, Gauridad, Rajkot.

Sub: Empanelment of Sterling Hospital, Rajkot for health care services.

Dear Sir,

Greetings from Sterling Hospitals, Rajkot!!!

As you are aware that we are leading health care service provider across the State and largest chain of hospitals in Gujarat with world class infrastructure and proven deliverance of quality health care services to community.

Sterling Hospital, Rajkot is 190 bedded super and multi specialty hospital at Rajkot in Saurashtra-Kutch region with the aim of extending outreach services in the area of Cardiology-Cardiac surgery, Neurology-Brain & Spine surgery, Orthopedics-Joint Replacement surgery, Gastroenterology, Metabolic(Bariatric) surgeries, high end laparoscopic and general surgery, ENT, Urology, Nephrology, Oncology, Diabetes & Endocrinology, Obstetrics- Gynecology & Neonatology besides Internal Medicine, trauma and critical care supported with high end Pathology & Radiology services.

As a trusted partner in providing health care services to corporate/institutional employees, we have greatly participated in various employee health welfare activities which resulted in increased employer-employee relationship, image differentiation of corporate in industry and many other associated benefits.

We would like to offer following privileges on our current discount structure to your students and employees.

(1) Outdoor patient services

 Special discount of 10% on all OPD consultations & investigations except outsourced services.

(2) Indoor patient services

- Special discount of 10% on all category room charges except ICU/ICCU beds
- Special discount of 10% on OT charges on IPD basis
- Special discount of 10% on Anesthesia charges.
- Special discount of 10% on Surgery Charges.
- Special discount of 10% on all IPD consultations investigations except outsourced services

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#### (3) Ambulance services

- Ambulance (non ICU) pick up services from your campus will be free subject to availability
- Ambulance (ICU on wheels) pick up services from your campus will be available on chargeable basis subject to availability.

### (4) Preventive health awareness camps and sessions

- Free health awareness sessions on various perspective for your students and staff or other beneficiaries at the time and place of mutual convenience
- Specialty/super specialty health camps for your beneficiaries as a part of our co branding activities

### Special considerations

- Photo identity proof and Official ID card copy will be must for availing above privileges
- Special privileges will be available to your students, employees, their spouse & children only
- This association will be continued until any communication on this regard by either of the parties

We anticipate this offer should prove to be a strong foundation for our long lasting and mutually rewarding relationship. Letter of acceptance or approval from your side in this regard would be highly appreciated. For any clarification needed further, you may get in touch with Mr. Ajaz kadri on 09714030043 or corprelations.rajkot@sterlinghospitals.com

Thanking You,

Dr.Ashishkumar M. Jaiswal AGM- Operations FOR MARWADI EDUCATION FOUNDATION'S GROUP OF INSTITUTIONS.

Authorised Signatory



# Dr. Ravi Sureja

B.D.S., M.D.S. (Gold Medalist) Prosthodontics & Implantology M. 99093 18716

To. Registrar, Marwadi University, Rajkot.

Sub: Offer letter for the Empanelment & Corporate tie-up

Respected Sir,

As per conversation with Social Welfare Committee of Marwadi University, we would like to offer corporate tie-up with your institute. Hereby we are sending a brief detail about Hospital as well tariff.

We would like to inform that Sun Dental Hospital is situated at Mangla Main Road, smile building, Manhar Plot-5, ground floor, Rajkot. We will be offering health services at discounted rates to Students and Staff members of Marwadi University as well as Marwadi Shares and Finance Services. Dr. Ravi Sureja, owner of the hospital is B.D.S., M.D.S., Gold Medalist (Prosthodontist and Implantologist) specialist in replacement of fixed teeth, denture, implant etc.

We would like to offer following privileges to your students and employees.

Sr. No.	Particulars	Discount provided
1	OPD Charges	100%
2	Extraction/Tooth removal	8% if minor case 12% if major case
3	Scaling/Polishing/Teeth cleaning (Depending upon severity of stain and calculus)	8%
4	Restoration/Teeth filling	10%
5	Root Canal Treatment	12%
6	Bridge/ crown/ fixed teeth replacement (According to various materials such metal, ceramic, zirconia)	12%
7	Removable Dentures/Metal Dentures	15%
8	Implant/Replacement of teeth with screw method	12%

Dr. Ravi Sureja, B.D.S., M.D.S.,

SMILE BUILDING, SHOP NO. 1. GROUND FLOOR, 5, MANHAR PLOT CORNER, MANGLA MAIN ROAD. RAJKOT-360 002 Cun Dontal Hagnital Dailet

SUN DENTAL HOSPITAL

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